

## YOUR MIND - YOUR FOOD - AND E.G.W.

It is Customary to leave this space for the Title or Subject of the Paper. Perhaps put on a nice Picture and all. I have no Time for that. It is either do it this way or do not do it at all.

Feb. 16, 1974 - Sabbath. Bro. Davis loaned me a Book. I recognize this as a Jewel among Jewels. So much according to the Testimonies and Common-Sense.

### WHAT IS THE SUBJECT - ???

I suppose most people would turn away from the Title. Would not know what they Miss. But with over 50% of all Hospital patients being there for Mind or Nerve reasons - it is Time we sat up and took Notice of =

"NUTRITION + YOUR MIND" - The Psychochemical Response. George Watson, Ph.D. Harper & Row. RODALE PRESS BOOK CLUB, (Might be able to obtain it for \$1.00 to get on their Prevention Book Club.) 1716 Locust St., PO Box 4512, Des Moines, Iowa. 50336. (\$6.95.)

"HYPOGLYCEMIA" although the Author does not like the Term, neither do I. More common than DIABETES and is co-related. One is an outcome of the other. Instead of HIGH-BLOOD SUGAR = this is LOW-BLOOD SUGAR.

DOCTORS KILL PEOPLE = when they treat them for "DIABETES" when they have "HYPOGLYCEMIA." Both effect the Mind, because the Mind cannot function without BLOOD-SUGAR.

AT ONCE 90% OF LAYMEN CONCLUDE = that the Solution is to use MORE SUGAR! When the Solution is to use LESS SUGAR. Sugar as we know it, is a bastard Sweet. It is NOT the "SUGAR" required for the Blood.

THE BRAIN CANNOT FUNCTION = without Sugar. But the Sugar required is that which comes from Protein + Fat.

AT ONCE DOCTORS = Doctors began to prescribe a high Protein Diet. The "HARRIS DIET." Much good + much Harm - was done with this Diet. If your Trouble is in the Delinquent or Over-active Glands of the Pancreas, Thyroid, Liver, Kidneys, Adrenal Cortex or Ovaries = a High-Protein Diet, as anyone knows - throws an ad-



ditional strain on those Organs. And although this Diet with incessant "Nibbling" may appear to Temporarily relieve a very difficult Situation, it is bound to spell Trouble in the long run.

MOST DOCTORS = of the High-Protein Harris Diet, looking at the Picture in Short-Term Range - drastically cut out all Sugar, all Honey, some even Molasses. Then a few began to allow certain Types of Honey, and some even found benefit in giving Sugar at stated Intervals. Or as an Emergency measure to prevent Comma. "SNACK OFTEN" was the better Way. Carry some Nuts, Cheese, or if you are facing a severe Mental Strain, such as a Court Case or a Funeral (the same thing) = a Candy Bar or a Cup of Coffee can carry you over. Altho it will leave its effect as do all Stimulants.

I DOUBT IF ANY DOCTOR IN THE WORLD = has had the unique Experience and Insight into this Problem, [Complex-Problem I should have said] = as has Dr. Watson as Reviewed in this Master-Piece of a Book, and the Author of many others.

WHEREAS = identical Patients, with identical Problems, or at least Symptoms = given the SAME Chemo-Therapy, may and will respond violently in opposite Directions!

THEREFORE = the need to find out WHY and WHAT to do about it. This book fills this peculiar need. His point of determination is the Speed in which you or your Organs = OXIDIZE. The Rate of METABOLISM, if I am using the right Term. Or if it even can be Defined as simply as that.

COMPLICATIONS CAN ARISE + VARY =

[1] Due to the Drugs you might have taken now or many Years ago. He does not say that, I say that. He does bring it in, Yes. He would be a poor Doctor if he did not "DRUG-INDUCED DISEASE." But what I am thinking of is the so-direct Quotations found in the Spirit of Prophecy.

A PROMISE + A THREAT = "Some will have Medicine at all events. Then let them take these hurtful MIXTURES and the various DEADLY POISONS upon their own Responsibility. God's servants should not administer Medicines which they know will LEAVE BEHIND injurious effects upon the System..."

EVERY POISONOUS PREPARATION WILL =

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"Every poisonous preparation in the vegetable and mineral kingdoms, [pretty all-inclusive, don't you think?] taken into the system, will leave its wretched Influence, affecting the LIVER + LUNGS, [the great Blood-Purifying agencies] and DERANGING [the Mind?] deranging the system generally...

WE COULD STOP RIGHT THERE, HAVING PROVEN THE POINT THAT THE PATIENT IS SUFFERING FROM DRUG-MEDICATIONS BUT THE TESTIMONY TAKES IN MORE THAN THAT =

"... nor does the Evil end here. Diseased, feeble INFANTS are brought into the World to SHARE this misery, transmitted to them from their Parents...

AND WE BLAMED OURSELVES WHEN THEY WOULD NOT ACCEPT THE TRUTH - HOW CAN THEY ACCEPT WHAT THEY CAN NOT COMPREHEND - ???

"... bring DISEASE upon themselves... They cannot weigh the evidences of Truth, and COMPREHEND the requirements of God... God requires of man to make EARN-EST EFFORT." SG 3+4 (Center) 140,148-9.

[And if Food causes Disease, then the Parents have a double Moral obligation in transmitting Disease to their Children. No wonder that "HEALTH REFORM" is to "PREPARE A PEOPLE" CDF 455. And a Preacher is no Preacher = "His disregard of Health Reform UNFITS him to stand as the Lord's Messenger." CDF 454. 6T 370-378. (1900.) Tithe is for the Truth + the Lord's Messengers only. ]

PRETTY ALL-INCLUSIVE =

"OPIUM, or some other POISON... The DRUGS given to STUPIFY, [the ASP in the ASPIRIN?] whatever they may be, DERANGE the nervous System... This is the effect of CALOMEL. It torments the System as long as there is a particle left in it. IT EVER LIVES... CANCER... YEARS AFTER..." SM 2:448-9. [Known since 1865.]

NO WONDER =

That brilliant Doctors, having an Insight into the cause of Disease, but Trained to believe they should not condemn Poisonous-Drugs, have such a difficult Time in Prescribing non-poisonous Medications [Mega-Vitamin-Therapy] when they run into the following =



[2] Old or New Drugs - floating around in the Blood-Stream. "The BLOOD becomes IMPURE, and then DISEASES of various kinds occur... free the System of IMPURITIES." SM 2:450. DC 66.

[3] Mega-Vitamin-Therapy is largely an attempt to get these Poisons OUT [Vitamin C + E] and restore.

[4] Re-build with Minerals.

[5] But before any of that can be done, DIGESTIVE FUNCTION must be restored. Which means the Organs we have been talking about. The Glands, the Pancreatic System and the elusive Enzymes. Sr. White covered the Subject by saying to get FOODS that contain the "ELEMENTS." [Can you imagine the Dopes that made up that "Comprehensive Index" leaving that OUT? And the Mind-Shrinkers putting in the Index that wrong "BREATHING" causes "GLOOM" or that "DISEASE" is brought on by "GLOOMINESS" when the Testimony declares the very OPPOSITE - !!!]

AND THAT IS WHAT THIS SUBJECT IS ALL ABOUT -

PRAISE GOD FOR THIS TRUTH =

"The BLOOD becomes IMPURE, and then DISEASES of various kinds OCCUR." [Which came FIRST/] - ??? SM 2:450.

"In order to have good Health, we must have good Blood; for the Blood is the Current of Life... When supplied with the proper food ELEMENTS, and when CLEANSED and VITALIZED by contact with pure Air ... [but if circulation of Blood is impeded by corsets, tight clothing or bands] The BLOOD moves sluggishly... the BLOOD becomes IMPURE... the thoughts are confused; GLOOM settles upon the spirits the whole System becomes DEPRESSED." MH 271-3. (1909.)

[1] Lack of food "ELEMENTS" [Vitamins, Minerals, Enzymes]

[2] Together with "TIGHT LACING" restricts Circulation, the BLOOD becomes IMPURE" and this causes "GLOOM."

[3] And that is what this Paper and 50% of all Disease is all about. What causes "POOR BLOOD" causes "DEPRESSION" and "GLOOM."

AMA-FDA-SDA = "DISEASE" CAUSED BY "GLOOMINESS."

TESTIMONIES + NEW SCIENCE = BAD BLOOD CAUSES "GLOOM."

Psychology has been working BACKWARDS. Trying to cure Disease by exercise of WILL-POWER = "It's all in your Mind!" While the Testimonies taught 65 Years ago what Scientists are now discovering = Lack of "ELEMENTS" [now known as Minerals, Enzymes + Vitamins] are the un-



derlying CAUSE of what is "WRONG IN YOUR MIND!"

"CONSTIPATION" according to the comprehensive "INDEX" is caused by "FINE-FLOUR" Bread, and the Reference is given = MH 300.

But MH 300 does not Condemn "FINE-FLOUR" as such = but "SUPERFINE WHITE FLOUR." And it goes on to Condemn "WHITE FLOUR" because the "nutritive ELEMENTS" found in "WHOLE WHEAT" are missing. And this is the CAUSE of not only "CONSTIPATION" but "OTHER UNHEALTHFUL CONDITIONS."

Why did the "INDEX" miss "SUGAR" as not only the CAUSE, but the "ACTIVE CAUSE of INDIGESTION." MH 302. Research Scientists now discovering "WHITE FLOUR" + "SUGAR" the main causes of an "ALCOHOLIC STOMACH" and the breakdown of the DIGESTIVE ORGANS + PANCREATIC SYSTEM.

SUCH BOOKS AS "NUTRITION + YOUR MIND" - WONDERFUL AS THEY ARE - are Pill-Pushing Oriented = failing to give due Credit to "MIRACLE FOODS" such as FLAXSEED, SESAME SEED, POPPY SEED, SUNFLOWER SEED, CHIA SEED, TREACLE, MOLASSES, MALT, UNHEATED HONEY, SORGHUM, MAPLE SYRUP, WHEAT GERM, RICE BRAN [far superior to RICE-POLISHINGS] DULCE POWDER, BREWER'S YEAST, PAPRIKA [Vitamin C.] And the COLD-PRESSED OILS.

ALSO SUCH BOOKS WOULD NEVER BE POPULAR = if they would tell the Truth, as only the Testimonies tell it = that DRUGS are the MAJOR CAUSE of the Break-down of the Islets of Langerhans, the Adrenals and other Endocrine Glands. BURNT GREASE + OILS in the Frying Pan coating the Stomach and Intestines with a Plastic Varnish paralyzing the movement of the Villi, the tiny Fingers that stick out from the wall of the small Intestines to absorb nutrients from the digested food which is primarily liquid. The mucus [Plastic Varnish] does not allow the nutrients to get through. A person can take \$500.00 worth of Supplements a month to little or no avail. The person would be Starving.

THIS WAS THE MOMENTOUS DISCOVERY OF DR. WM. D. KELLEY as reported in "CANCER NEWS JOURNAL" Vol.6. Jan./April 1971. 50¢ a copy. Box 707, Solana Beach, Calif. 92075. [Full story = set of 3 Journals, Vol.5,6, and 8. 50¢ each plus "ONE ANSWER TO CANCER" \$125.] plus 35¢ mailing.

THE CURE - ??? "Comfrey + Pepsin" Tablets. COMFREY is made from COMFREY ROOT, a sticky, gooey, vegetable gum. This holds the PEPSIN in place to digest the MUCUS.

PEPSIN - digestant enzyme from the stomach of Pigs, Sheep, or Calves. We are experimenting with PAPAYA as a digestant instead of PEPSIN. COMFREY ROOT TABLETS - \$1.50 per 100. VITALITY PRODUCTS LTD. or BIO-ORGANIC PRODUCTS - both of Vancouver, BC. Canada.

PAPAYA TABLETS can be obtained anywhere. Many grades of PAPAIN. Get the better grade. Mix the two together by chewing. After meals, and between. 5 times a day. Amount - not critical. Use your own Judgment. Take about 3 months.

STOP THE RUBBERY MUCUS PLASTIC VARNISH =

by stopping the Frying Pan. Or use Milk or Butter-milk mixed with the Oil - to heat Foods. They make VARNISH by heating Oil. Some oils are better than others for making VARNISH. I do not think that pure OLIVE OIL will make Varnish. Need I say more?

"CANCER NEWS JOURNAL" - Vol.5. May/Aug. 1970.

Robert C. Olney, M.D. p.4. "BLOCKED OXIDATION" is what we consider the "PRIME CAUSE" of malignant, viral, bacterial + allergic Disease.

TO THAT I WOULD ADD = Congressional Hearings before the U.S. Senate. Coal Tar derivatives all cause Cancer. THE WORST OF ALL? ORANGE + RED "FOOD COLORS" ["CERTIFIED" and used in ARTIFICIAL "MEAT" from "HELL"-th Food Factories, with other Additives to make them Look, Taste, and Smell like the South End of a Pig going North.]

ALSO ARTIFICIAL "DOUBLE-STRENGTH" COAL TAR "VANILLIN" =

and other Food Flavors + Colors. Why buy Cancer in a Bottle? Why buy CORNFLAKES soaked in the same CHEMICALS they used in Ancient Egypt to Embalm DUMMIES? Why be a living DUMMY? You can buy CORNFLAKES without. Quakers. At least up to now, but you have to Watch from Day to Day. Read the Label. A leading "Reformer" set before me PREPARED RUBBISH full of CHEMICALS. And really Thought he was doing the best thing in the World.

He would have done better with Bacon + Eggs + Coffee. The HIPPIES know better. No wonder Adventists are extra High on the List for some Types of CANCER. Leukemia.

WAY BACK IN 1905 =

"ADULTERATED substances are to be AVOIDED." CDF 85.

"Whoever turns from the Light in one instance hardens his heart to disregard the Light upon other matters."



THE BEST STEAM = "If those who PROFESS to be Christians, desire to solve the Questions so perplexing to them, why their Minds are so Dull, why their Religious aspirations are so Feeble, they need not, in many instances, go farther than the Table; HERE-IS-CAUSE-ENOUGH... Educate, Educate, Educate...

"Procure those articles of Food that are the best for making STEAM to run the living Machinery... This is the Duty of every Student... A-DISORDERED-STOMACH-MEANS-A-DISORDERED-MIND." MM 77-80.

THE DIE-HARD ADVENTISTS PREFER TO TEACH THE VERY ANTI-PATHY TO THIS =

They prefer to hunt "WORLD AUTHORITIES" of the World approved Schools of Psychology, now called Psychiatry. Where with the Head-Shrinking they mix in Psychosomatics.

"A DISORDERED STOMACH MEANS A DISORDERED MIND." MM 80.

O! NO! NO! says the Adventist =

"A DISORDERED MIND MEANS A DISORDERED STOMACH."

YOU SEE - IT WORKS THIS WAY =

[1] If my disordered STOMACH means my disordered MIND= then I have to see what I can do about my STOMACH, and my MIND will take care of itself. One will be a Reflection of the other.

[2] But if my disordered MIND means my disordered STOMACH = then I need the Head-Shrinker at \$50.00 an Hour to straighten out my disordered STOMACH! [And perhaps \$100.00 worth of Tranquilizers to Boot.] The STOMACH then becomes the innocent VICTIM, not the CAUSE, nor the CULPRIT! So go and EAT whatever your soul DESIRES! "It makes no difference now!"

THIS IS THE STUBBORN BEATNIK OF AN ADVENTIST =

Flying in the Face of HUNDREDS + THOUSANDS of MEDICAL, RESEARCH DATA from every School of Medical Field, fully covered by all News-Media = by 10,000 Articles, Research Projects, TV - RADIO - ALL NEWS-MEDIA = that lack of Vitamins, Enzymes, Minerals, Constituents, due to THREE THINGS = [1] Lack in the Food to start with. [2] Destroyed by wrong Cooking, Storage, or Chemicals. [3] The inability of the System to absorb it due to break-down of Organs, either Temporarily or Permanently due to Drugs, Heredity, or Disease. Or a Combination of Factors.

THE TV DOCUMENTARY - "THE BOLD ONES" THRILLED ME TO THE BOTTOM OF MY FEET - !!!

They had an illusionary "GO-BETWEEN" - between the Arabs and the Jews, who, due to the Strain he was under = started breaking up. He attacked his Wife with a Knife, tried to Kill her. Then forgot all about it, Indignantly denied that he would even Think of such a thing. That he loved her. And she loved him.

In the imaginary Series of Events, since the most important Meeting in the World was about to take place, and he just had to be there, for the Arabs trusted no one like they trusted him = they could not resort to conventional Methods, it had to be a "Shot-Gun Treatment."

So they took a Monkey, that was always Friendly, had never hurt anyone = they took some of his Blood - put it into the Monkey;- and it turned into a Mad-Demon. Tried to Kill just like he had tried to Kill.

So then, in the Story based on Facts = they kept the Monkey into Distemper, Delirium Tremens or whatever = by keeping injecting him with what the Testimonies call = "A BAD state of the BLOOD... The MIND is affected." SM 2:417. "... Food cooked in a FASHIONABLE style... the System is DERANGED by improper FOOD, the BRAIN + NERVES are affected... Little difficulties are to them troubles MOUNTAIN HIGH... THE BLOOD IMPURE ... is constantly exciting their ANIMAL PASSIONS, and weakening the moral + intellectual faculties... MISERABLE DYSPEPTICS... They give loose rein to their corrupt Passions, and have but little regard for Purity or Virtue." SM 2:433-5.

HOW MUCH HEART-BREAK, SORROW + CRYING = is hidden in these few Words. We could go on and quote 100 times more. 98% of "ALCOHOLICS ANONYMOUS" suffering from LOW BLOOD SUGAR - HYPOGLYCEMIA! The Testimonies tell what CAUSES an upset MIND + SYSTEM + SECRET VICE + THE BREAK-UP OF THE SANCTITY OF THE HOME + THE CHURCH + SOCIETY. SUGAR + MILK can cause an "ALCOHOLIC STOMACH" that is WORSE and can have MORE ALCOHOL than the Stomach of a DRUNK! Yet they Sneer at the Drunk = and go on their Blind way = being the last in the World to recognize their NEED - of anything!



YET IN OUR HOUR OF NEED =

We have this Hyperbole of Vitriol in the R&H - Ad for Jan. 10, 1974. p. 23. "UNBOTTLED POISON." by Ruth Jaeger Buntain. Pacific Press. BBH - 30¢.

What could be more regrettable in any one's Life = than to have a Child that is Mental?

- |                                |                           |
|--------------------------------|---------------------------|
| [1] Is it my Fault?            | [6] Was it the Devil?     |
| [2] Is it her Fault?           | [7] Was it God? Is he     |
| [3] Was it the Doctor's Fault? | dealing with us for       |
| [4] Was it the Environment?    | our Sins? What Sins?      |
| [5] Was it Hereditary?         | What did we do to Warrant |
|                                | this Kind of Treatment?   |

But what Answer will solve the Heart-Break? the Shame? the having to Live with it? the glance of Reproach? My World come crashing down over my Ears.

"PHYSICIANS, by administering their DRUG-POISONS, have done very much to increase the DEPRECIATION of the race, physically, mentally, and morally. Everywhere you may go you will see deformity, disease and IMBECILITY, which in very many cases can be traced directly back to the DRUG-POISONS... FAR WORSE THAN THE DISEASE... INEXCUSABLE IGNORANCE... BLOOD was impure... this chemical POISON... Her MIND was DISTRACTED... finding fault with her best Friends, and IMAGINING... She became FRANTIC, and RAVED like a Lunatic... THIS DRUG-POISON, OPIUM... OR SOME OTHER POISON, will complicate the Case... The DRUGS given to STUPEFY, whatever they may be, DERANGE the nervous System... ten-fold WORSE." SM 2:442-8.

DO YOU UNDERSTAND THE ABOVE? ARE YOU SURE?

Then why is it that I can just about lay down my last bottom Dollar - that NOT ONE ADVENTIST will write in and OBJECT to that PACIFIC PRESS BOOK? ? ? ? ? ? ?

It is all done by = "TALKING IT OUT." PSYCHOLOGY. MIND-CONTROL. The State of Mind caused the State of Stomach and Disease. NOT A HINT = that the State of Stomach caused the State of Mind.

IN THE TV DOCUMENTARY - "THE BOLD ONES" =

The friendly Monkey, given the Blood of the Diplomat, went Berserk, smashing everything in Sight and trying to Injure + Kill. Counteracting elements of some kind,

introduced into the Blood, dramatically + drastically changed the Mood and Disposition of the Monkey, restored it to Normal. Taking a long chance, they tried the same on the Diplomat - and it Worked! He was able to go on and fulfill his Mission of Peace.

AS I SAW THAT "BOLD" RELEASE - INDICATING THE CHANGE OF THINKING IN SOME QUARTERS OF THE MEDICAL SOCIETY =

I thought of the Adventist - and what would he do about these "BOLD" new Frontiers of Science, that were there all the Time on Record in the Pages of the Testimonies? Is this his Answer? "UNBOTTLED POISON." R&H release.

Yes, I was about to make a Statement, but as I often do, went back and read the Book all over again to be doubly SURE that I was Right =

NOT ONCE DOES THE BOOK SO MUCH AS HINT THAT DIET IS AN UNDERLYING CAUSE =

But I have to tell the Truth and Modify that now = on p.7 she actually takes a Swipe at not only Food, but = *"MOUNTING EVIDENCE indicates that EMOTIONAL FACTORS are the PRIMARY CAUSE of heart ailments. These factors are MORE responsible for coronary disease than are such traditional culprits as fatty foods, overweight heredity, and lack of exercise."* Ruth Buntain. p.7.

She has to hide behind a Copyright with that one. Copyright Law does not permit obtaining Money by Fraud or False Pretenses.

THIS IS THE ATTEMPT OF THE DIE-HARD ADVENTIST TO GO DOWN FIGHTING RATHER THAN ADMIT THE TRUTH IN THE TESTIMONIES AS ATTESTED TO FOR YEARS NOW BY EVER-INCREASING MEDICAL EVIDENCE INCLUDING DR. ALVARAZ OF THE FAMOUS MAYO CLINIC =

"MOUNTING EVIDENCE" - is it? Slow "POISON" of "RESENTMENT" causes the Ulcer? "SUSTAINED ANGER" = the condition of the MIND affects the BODY... "ILLNESSES" are the "RESULT" [Meaning they FOLLOW.] of "DISTURBED EMOTIONS."

"OUR STOMACH... reflects our MOODS." [All emphasis mine.

Or does Sr. White teach = the MOOD reflects the STOMACH

WHAT DIFFERENCE IS THERE - ???

If "MOOD" is FIRST = we must treat "MOOD." Not "STOMACH!"



The Psychologist-Psychiatrists would rather go down Fighting = than to ADMIT the ever-increasing Evidence that the Testimonies were Right for 100 Years!

"The BLOOD becomes IMPURE, and then diseases of various kinds OCCUR." SM 2:450. DC 66.

"The liver, HEART, and brain, are frequently affected by DRUGS... Oh, how much that POISONOUS DRUG COST!... The whole machinery is OUT-OF-ORDER... the BLOOD becomes IMPURE... so BLINDED they do not SEE... God did not regard their Prayers, because their Faith was not made perfect by WORKS." SM 2:452-4,464.

If "MOOD" is FIRST = then, of course we must treat "MOOD" and go to the \$50.00 an Hour = PSYCHIATRISTS! For he holds the Answer - the "MOOD" is to Blame!

But if "STOMACH" is FIRST = and the "MOOD" is only a Reflection of the "STOMACH" = then the CAUSE as well as the CURE = is the very OPPOSITE!

Or are you so full of Drugs you do not get this?

That you go to the GREEN-GROCER for the Answer!  
"Thy Medicine shall be thy Food - and thy Food shall be thy Medicine." HIPPOCRATES.

"A disordered STOMACH means a disordered MIND." MM 80.

"The MIND CURE is the most AWFUL SCIENCE which has ever been advocated... NEVER should the FIRST principles of it be brought into any Institution." MM 116. See also Clairvoyant + Magnetic Healers. PK 210-1.

YOU WILL READ THE "UNBOTTLED POISON" BOOK AND DECLARE THERE IS MUCH GOOD IN IT - THEY QUOTE THE BIBLE AND THE TESTIMONIES = and I will Reply that Error is a Vine, it cannot get off the Ground without Twining itself around the Trunk of Truth. The Bible calls the Papacy a "Beast" and a "Whore" - yet 50% of much of what the Pope says - is the TRUTH! There is no such thing as all-error anywhere in the World. Even Christ the Son of God had to watch carefully to catch the Error in what Satan said. He speaks "with the Voice of an Angel." It is the Holy Spirit that tells us the Difference. SM 1:202,121,282. B2:52. 2T 387. Old GW 206.

THE BOOK ENDS BY POINTING US TO CHRIST =

AS WE DO THAT - WE WILL MAKE OUR ESCAPE FROM THEM =

- [1] "Science so-called" will sweep Millions of Advent-  
ists to their Doom, just before the Close of all  
Probation. This Scientific "WIND" from places where  
we see only Floors of rich Wheat. 5T 80-1. PSYCHOLOGY  
and MESMERISM is the Channel + the Power. "...that they  
should believe a LIE: that they ALL might be DAMNED who  
believed not the TRUTH." 1T 290. SG 4:47,80.
- [2] Get the "PREVENTION" Book + the PREVENTION magazine.
- [3] Become a Member of, and receive the "NATIONAL HEALTH  
FEDERATION" Bulletin, Box 686, Monrovia, Calif.  
91016. \$5.00 a year.
- [4] Dr. Watson says "FAST OXIDIZERS" and "HIGH-PERFORM-  
ANCE" Foods can make all the Difference in compar-  
ison with "SLOW OXIDIZERS" and impairment of Brain Funct-  
ion that can Trigger any Kind of bizarre behaviour.
- [5] The greatest Trouble of all is when they fail to  
realize they need Help. How many MILLIONS have  
sought in Vain - to the "Head-Shrinkers Union." With  
their Cannon-Ball "SUBCONSCIOUS" and "FREUDIAN" sex  
inhibition Theories. (The "SUBCONSCIOUS" in the STOMACH!)
- [6] Dr. Olney, M.D. speaks in May/Aug. 1970 issue of  
Cancer News Journal of "blocked OXIDATION" and =
- [7] Dr. Kelley has the Solution to "blocked OXIDATION."
- [8] Restoration of which AUTOMATICALLY brings an added  
Dividend to the Obese - they lose weight!
- [9] Some form of IODINE may be required. Lugol's  
Solution 3-6 drops a day or 2 or 3 grs. Thyroid.  
Some one should extract IODINE from Seaweed or Dulce.  
Cancer cannot be cured without Iodine in some form.
- [10] What cures Cancer ought to PREVENT it, and ought  
to bring the Health UP in general. Hence the ex-  
citing News of "RED-BEET THERAPY" and "COOKED ASPARA-  
GUS" [not Raw.] See latest CANCER JOURNAL or PREVENTION.  
Thank God for Sources of Truth, as He has promised.

*"He will take his Holy Spirit from the Church, and give  
it to OTHERS who will appreciate it." RH a3:273. July  
16, 1895.*

HOEHN RESEARCH PRESS,  
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VOH IHO

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