

CANCER = PLUS =

Publication #550. June 16, 1982.
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★ In Reply to a Question. When a dear Friend informs
★ you that he may have Cancer = and what to do about it,
★ it is Time to Wonder if our 50 Years of Study has
★ produced anything Worth-while?

BIOPSY

Being a Hospital Worker, my Friend knows well the Dangers inherent in obtaining a Biopsy in order to be Sure. It may be confined to a certain area = and a Biopsy may **release** it into all parts of the Body. He knows enough about Symptoms to be reasonably sure.

I am setting this up this way because it is easier for me to use this Method. I can just as easily set it up as to write a personal Letter. I can place a **Carbon** under the Direct-Image Master = and send that to him page by page as I go along. Since we do not **Specialize** on this Subject - we refer you to those who do. It might sound much more convincing if we quoted this Specialist and that Authority = DOCUMENT it in more detail = but we will gainsay that for Speed.

Years ago we had the "GRAPE CURE" = we had the "HONEY CURE" = we had the "AMYGDALIN" or "LAETRILE" or "VITAMIN B-17" cure = but all these had to give way to BETTER MODULATION. Both the JAPANESE and RUSSIAN Governments thoroughly tested LAETRILE = and had to conclude that it did do SOME things = such as OXIDIZE the Blood, relieve PAIN = STOP the progression of the CANCER = but did not do the Job without ENZYMES=MINERALS=VITAMINS= change of DIET. And some stress change of MOOD = or drop your WORRIES and have FAITH in God and the Plan of Salvation.

CHEMISTRY

Realize it or not - we are entering the Field of CHEMISTRY. ALCHEMY. The Basics are taught in School. Add this Chemical to that = and discover NEW CHEMICALS by the simple expedient of MIXING = and that to EXACT PROPORTIONS. Near here is a Mountain = called: "BIG ROCK CANDY MOUNTAIN" = my Older Brothers had something to do with FINDING THIS ORE. A Mineral Deposit called: **FLUOR SPAR** = FLUORITE = FLUORINE = many Colored = translucent often used as a Flux = giving off a corrosive greenish-yellow gas. THOUSANDS of men may remember GRAND FORKS and the BOOMING MINE in WAR-TIME to make POISON-GAS. (The Mine is now Dead.) By simple CHEMICAL WIZARDY = SALT itself can be turned into a DEADLY GAS. CHEMISTRY is so COMPLEX that MILLIONS of men make their Living by trying to pry into the Secrets of the Universe. And seem to End up in the BOTTOMLESS PIT = and make something like 2300 different things from COAL TAR. The main cause of Cancer.

ACCORDING TO WHO?

According to the Highest Court in the Land. Before the US CONGRESSIONAL HEARINGS. The Senator in charge of these particular Hearings = (Reported all too SELDOM by "PREVENTION" Magazine) = asked the one Doctor in charge of GOVERNMENT "CANCER RESEARCH" = how he goes about trying to cure Cancer? Oh, that is Simple - we take Test Animals, RATS=MICE=GUINEA-PIGS = and we GIVE them Cancer = and then we try to cure it.

You GIVE them Cancer? How do you do that? Oh, that's simple = we slit the Skin - slip in a piece of COAL-TAR and that 's it = he HAS it! Sometimes we just paint a Rabbit's Ear with Coal-Tar and he gets it through the unbroken Skin. By IRRITATION.

COAL TAR? What about the 2300 odd some COAL TAR DERIVATIVES = will they cause CANCER? Yes. ANY of them? Yes. ALL of them? Yes. Which one is the WORST? He named two Food Dyes or Colors. One was RED = the other ORANGE. The WORST thing known to Science to CAUSE CANCER. Placed by the TON and sent out in the Name of a **Church** in HELL-th "Foods" = big Business = to make the SOUTH END of a HOG going NORTH = to TASTE=LOOK=SMELL = the SAME as the ERSATZ **HYPOCRITE** = as HYPOCRITE as some of their Doctrines. Nothing but Warmed over BABYLON BREW from the Witche's Kettle. Only the Black Cat missing. It would be SAFER to eat the REAL HOG. Of course, no Adventist will agree with that. Or they will turn it around and say "HOEHN SAID" it is O.K. to eat PORK! And then a THOUSAND DUMMIES turn a DEAF EAR to anything else we may have to say. They have "PROVED" it! Do not know WHAT they read nor WHY. Their Old Drugs coming to the Surface. "SLOW POISONS...FALSE STIMULANTS...They CANNOT appreciate the value of SPIRITUAL things. Their SENSIBILITIES are BLUNTED, and SIN does not appear very SINFUL, and TRUTH is not regarded... (1-

"...as of greater value than earthly treasure." SG 3*4 (Center 128-9. "The fear of the Lord is the BEGINNING of Wisdom"...the entrance of God's Word gives LIGHT and UNDERSTANDING to the Simple...and MORAL POWER...RELIGION and the LAWS OF HEALTH go hand in hand." T4:553. A Theological Degree is not required to Understand these Words.

NOTHING is as CONFUSED and MIXED-UP = as is HEALTH and THEOLOGY. The LAW being invariably on the WRONG SIDE. Who have, in fact = no really LEGAL or MORAL RIGHT - to exist. Even at this later date = avowing they know neither the CAUSE nor the CURE = for CANCER. Yet demand the LAW to be on the side of ABYSMAL IGNORANCE. "It is BETTER for a Patient to DIE = than to be CURED by any other practice than ours!"

Christ said to His Disciples "FIRST=OF=ALL, Beware ye of the LEAVEN of the PHARISEES, which is HYPOCRISY!" Luke 12:1. DA 408. Matt.15:30. 16:6,12. Now perhaps we have an understanding before we go any further. There is NO HOPE - in ORTHODOXSEY. ESTABLISHMENT. They have PLOWED UNDER MILLIONS = to establish their EDUCATED IGNORANCE. Take for example = HIGH BLOOD PRESSURE = do they seek the CAUSE? Do they INQUIRE about your HABITS? SALT INTAKE? Things KNOWN to cause it? Such as 32 HARDNESS WATER? Or do they only know to haul out the SHOT-GUN THERAPY = and SHOOT IT DOWN! with High-Potency DRUGS? And to Hell with the consequences? Called "SIDE-EFFECTS." They will CURE you - if it KILLS you! They bury their Mistakes. But they allow the Natural School to make NONE! It is a Story no more Sad than in the History of Cancer. Speaking of Salt = send for FREE COPY of "JOURNAL OF THE GERSON INSTITUTE & THE GERSON THERAPY"=Vol.1. FALL 1981. 50 healed "INCURABLES"= Gerson Institute, PO Box 430, Bonita, CA 92002.

Dr. Gerson cured "INCURABLE" LUPUS TUBERCULOSIS with cutting out SALT = and this launched him into curing CANCER. With a SODIUM=POTASSIUM "BALANCE." When they discovered that CHEMICAL WIZARDY made the famous SALT = "WHEN IT RAINS = IT POURS!"=by taking out the POTASSIUM = having it end up in the DRUG STORE as a major ingredient in MEDICINE for a long time = the WETTING AGENT said to make Salt cake = they at last slowly made a Special Salt for the Health of PIGS = finally MORTON in the USA put out "LITE SALT" for HUMANS = SALT and POTASSIUM CHLORIDE = IODIZED. By rights it should be called: "SODIUM and POTASSIUM CHLORIDE"=as it has HALF the SODIUM of ordinary Table Salt. You can now buy "POTASSIUM CHLORIDE" in the Health Store. MUCH of CANCER RESEARCH has and is hinging around LACK OF POTASSIUM.

PREVENTION

We belong to the School who anxiously wants to find out what CURES CANCER = so we take THAT = as "PREVENTIVE MEDICINE" so we do not get it. ALSO we want to know the CAUSE so we can avoid that - like a POISONOUS REPTILE in the Road of Life. I DO NOT BELIEVE that TOBE = ADELLE DAVIS = or RACHEL CARSON succumbed to Cancer = "NATURALLY!" It would be too easy for them to be POISONED by CARCINOGENS put into their FOOD or WATER by AGENTS of the Devil or get rid of many by OPERATIONS = if it was known they were taking UNORTHODOX TREATMENTS. "This our Craft is in Danger!"

We do not believe in being MONO-MANIACS = recommending ONE MODULATION to the disregard of all others. We think each discovery has a place in "HOLISTIC MEDICINE." The Treating of the whole Body. Not just run around with a MOP = cleaning up of the leaking Toilet = we believe the CRACK should be REPAIRED = so the TOILET will take care of itself. Therefore we again come to the word: "PREVENTION"= and if we learn how CANCER is PREVENTED = we automatically learn how to CURE it.

CAUSE

So the first thing we come to is the CAUSE. We have often heard of Americans in a plush Society = living on "JUNK FOODS!"=and "STARVING" on a full Stomach. This has been LITERALIZED by Dr. Wm. Donald KELLEY = we have his Book = "ONE ANSWER TO CANCER." But the SECRET KEY to his whole approach = had to be LEFT OUT of the Book. It was put in the Form of an "INTERVIEW" = "CANCER NEWS JOURNAL" = Jan./April 1971 p.26-30. I printed this some time ago = I knew at the Time that this was a JEWEL = of inestimable value = so I obtained a few Hundred. "DR. KELLEY: We couldn't put it in the book. If I had only one kind of pill to give everybody, for CANCER or otherwise, I would want them to have "COMFREY and PEPSIN". It would probably do the nation's health more good than any other one pill. It digests the MUCUS that COATS the walls of many people's small intestines. The MUCUS is CAUSED by certain foods such as pasteurized milk and many cooked foods. RAW FOODS are much better. The MUCUS coats the VILLI on the wall of.....

"...the small intestine. The VILLI are like tiny fingers that stick out from the intestinal wall to absorb nutrients from the digested food which is primarily liquid. The MUCUS on the VILLI tends to block the absorption of nutrients from the food. Sometimes the MUCUS gets so THICK and TOUGH it is almost like a plastic film. Almost NO NUTRITION can get through to the body. That person could take \$500 worth of supplements a month along with a good diet and still get almost no value from them. The person would be STARVING so he tends to keep eating more food including protein. More of his PANCREATIC ENZYMES are used to digest the protein even though it cannot be properly absorbed. If all of the pancreatic ENZYMES are used up, there is none left in the BLOOD to destroy CANCER CELLS.

"The COMFREY ROOT is a very sticky, vegetable material. It tends to stick the PEPSIN ENZYME to the MUCUS on the intestinal wall long enough to digest some of the MUCUS. If the "COMFREY and PEPSIN" capsules are taken for several weeks, this MUCUS will gradually be digested. The BLOOD can then receive more nutrients from the food, even if it is from a poor diet. Sometimes it takes 3 months. After that, it's a good idea to use the "COMFREY and PEPSIN" once a year for 3 or 4 weeks to keep the MUCUS from building up." p.26.

CLAY

Some sell or use a special "CLAY" that is, I believe = supposed to do the same work. I merely mention this in passing. The point is, if this is True = and if it does what is claimed = this is indeed the most important Discovery. It is said that those who have "only 3 months to live" = their Cancer can be arrested = STOPPED DEAD! right there, and if followed by the right Modulation, can, hopefully = be Reversed.

PEPSIN - can be obtained from the digestive juices of the Hog or the Calf. A cheaper, and perhaps better approach might be to use the right PAPAYA = that is said to do the SAME as PEPSIN = and do it BETTER. You can chew say, 2 Tablets of COMFREY ROOT(not the Leaves) = chew them together with say, 4 Tablets of PAPAYA ENZYME TABLETS = both can be obtained in the Health Store. If you do not believe that COMFREY will STICK to the WET WALLS and the VILLI = try chewing some COMFREY ROOT TABLETS = for a longer while = and find how it will STICK to your Mouth = and have a time to get it off!

WE ARE NOW APPROACHING

a very crucial Subject = of which much has been Written. Once we get into TABLETS=PILLS= JUICES=MIXTURES= are they POTENT? Have they been GATHERED properly? DRIED the best way? STORED out of the SUN? How OLD are they? What COMPANY made them? Are they in fact = GENUINE? People have paid very HIGH PRICES for a certain MAKE = and it was NOT that make at all! It did them NO GOOD whatsoever. And then they will curse the TREATMENT = when it was the PRODUCT. Such people, that live off the miseries of others = should be SHOT! THIS WARNING has been sounded far and wide. "Let the Buyer = BEWARE!"

This has NEVER been HIGH-LIGHTED BETTER than "CANCER NEWS JOURNAL" = Vol.17. No. 1. SPRING 1982. p.7-11. BARBARA HUNTINGTON. "ENZYMES" = in what is called the "METABOLIC" approach. And again the assertion now growing louder every day = that "LAETRILE" is NOT what it has been crack up to be = without the right, and we do mean "RIGHT" = enzymes. Made in Germany = "WOBE MUGOS" = cannot be obtained LEGALLY in America. This is the place for an AVALANCHE of PROTESTS = which could EASILY be REVERSED by a CHURCH = if there was one such to be found. ALL THIS was given to a CHURCH = but they SOLD THEIR BIRTHRIGHT to obtain the World's favor and acclaim. READ THAT ARTICLE! (\$2.00) ARTICLE! (\$2.00)

I no doubt can obtain permission to print this Article = but I do not feel the RESPONSE is worth the EFFORT. People rather deal in SECONDARY ISSUES. You see it in the Stores all the Time. THE "SUPER VALU" (Super-Market) sold WHITE or RED GRAPEFRUIT. The RED had the BLUSH where the CHEMICALLY LADEN NEEDLE put in the DYE = the WHITE ones did not Sell. So they QUIT handling them. The "OVERWALTEA" still handles BOTH. But you have to pick them out. I suppose if CANCER keeps creeping up so that ONE in TWO gets it = they STILL will not care. So it is up to us as INDIVIDUALS to care. May God bless those who do.

In this confused Climate of Health and Treatment = the most Important thing surely is PREVENTION = so that Herculean Effort is not required. But if one Falls - surely early detection could save the Day. We repeat our Choice:

- (1) Kelley's COMFREY ROOT with a DIGESTANT. To halt the Cancer in it's Tracks.
- (2) Barbaras "ENZYMES" = WOBE MUGOS from Germany. (How does "PAPAYA" rate as an ENZYME?)
- (3) MINERALS = VITAMINS from reliable sources. And I do mean "RELIABLE!" (3-

We usually find things are better in the USA = but we do have 'ALIVE'=a Canadian Journal of Health & Nutrition that will match anything in the USA. 'ALIVE' PO Box 67333, Vancouver, BC V5W 3T1. (Free from Canadian Health Stores)=\$10.00 for 8 issues in Canada = \$12.00 in USA. \$14.00 Foreign. Back issues \$1.50 each.

If you obtain no other - get Number 41.(Spring of 1982.) p.9= we find PAAVO AIROLA N.D. Ph.D = about the BEST WRITER available. You make no mistake to get his Books. Should be in Health Stores all across America. He seems to go along with EGW perfectly. Many of the Health Lecturers have gone to the 'RAW-FOODER' Diet = and had to give it up. It is NOT either according to the Bible or Testimonies. ELIJAH BAKED BREAD. And he used OIL in it. OIL in a FRYING PAN is SUICIDE. But in the presence of STEAM in the Bread = it might be a different matter. It did my heart good for PAAVO AIROLA to take a Swipe at SOYA. "SOY is very difficult to DIGEST, especially in raw form...my books with emphasis on GRAINS, especially BUCKWHEAT or MILLET, but also OATS, and BROWN RICE." (DUODENAL ULCERS? read this page.) p.10. IODINE and WOMEN'S BREASTS. Wonderful hope! You can obtain DULCE POWDERED or LEAVES = \$4.00 a lb. HARRY GREENE, North Head, Grand Manan. New Brunswick, Canada. He sells about 30,000 lbs. a Year. (IODINE=and far LESS SALT than KELP.)

(This same 'ALIVE!')=p.18,28: INORGANIC SODIUM in TABLE SALT = BAKING SODA = 'ACCENT'= MONO-SODIUM-GLUTAMATE(MSG)=one of the 'WORST CHEMICALS' said one Writer. Used by a HELL-th manufacturer for YEARS before they STOPPED - if they ever did. What is left to SALVAGE in that CHURCH? NOTHING! "Go ye OUT to meet Him!" Yet they have the NERVE to send in AMA=FDA=SDA STOOGES to bring the LAW against the 'NATIONAL HEALTH FEDERATION' from a Cell in LLU! It is Time to come over on the RIGHT SIDE.

p.18. The Cry again is to increase 'POTASSIUM'=to BALANCE the SODIUM. p.28. HIGH BLOOD PRESSURE = you can KILL yourself with what? With SALT=SODIUM. So what about
DR. LINUS PAULING = NOBEL LAUREATE

Discoverer of 'VITAMIN C'=perhaps he should know something about VITAMIN 'C'=??? I wondered for Years = why he did NOT recommend 'VITAMIN C' from HELL-th Stores. But he said get just plain 'ASCORBIC ACID' from the Drug Store = HALF the price as from the Health Store. They all obtain it from the same source. And if you take a SECOND LOOK at the 'VITAMIN C' sold in Health Stores = you will see in SCREAMING HEAD-LINES = that this is 'VITAMIN C'=WITH=WITH=WITH "ROSE HIPS"="ACEROLA"="RUTIN"="BIOFLAVONOIDS"-or whatever.

But perhaps it is 'ONE HORSE' and 'ONE RABBIT'. A man was making 'RABBIT SAUSAGE' and his business boomed so much that he could not keep up = so when he was finally hauled into Court for mixing HORSE MEAT in with the RABBIT = the JUDGE asked him how much of the HORSE did he put in with the RABBIT = and he said he finally had to go "50-50"= to meet the demand. So the Judge asked him what he meant by 50-50. His reply: 'ONE HORSE and ONE RABBIT.' So perhaps some of these MANUFACTURERS of 'VITAMIN C'=are going ONE HORSE (common Drug-Store 'ASCORBIC ACID')=and ONE RABBIT (some unknown amount of 'ROSE HIPS'=or whatever.)

IF THAT WAS ALL

If anyone was ever Guilty of a Crime = it is some of these highly touted HELL-th Merchants of BABYLON that the Lord is going to Destroy when He comes. Rev.18:9-20. Who may (Tongue-in-Cheek)=rail at others 'ADULTERATING'=the Products they make and sell = but there never was a more BLATANT example of a "DEN OF THIEVES!"=than the unscrupulous SHYSTERS that set up a Hopper holding a TON of real 'ASCORBIC ACID' and another Hopper holding a TON of 'SALT'=and mix the 2 together, as LINUS PAULING did us a real Public favor to EXPOSE in 'THE NEW ENGLAND JOURNAL OF MEDICINE'=April, 1979. And FEATURED in a release by 'BETTER NUTRITION'=Courtesy of Ann DeMichael = 'HEALTH FOOD CENTER'=YOUNG-STOWN, OHIO = the Magazine printed July 1981 = "DOES VITAMIN C CAUSE KIDNEY STONES?"= p.20. SYNDICATE MAGAZINES, 6 E. 43rd. St., NEW YORK, N.Y. 10017. (Should be able to obtain a Copy for \$1.00 or \$2.00.) Some one has TITHE not scheduled for DAVENPORT? How about writing to this Magazine and ask them for REPRINTS? Send us 1,000 at least and better yet - 10,000. KNOW what is DONE with God's Tithe. No matter what the ADULTERATED R&H tells you = you WILL be held ACCOUNTABLE for what is done with God's (not Your!)= TITHE. Are you SURE that TITHE is NOT being used to set up a Cell in LLU. to hire LAWYERS to PROSECUTE and PERSECUTE Ellen White's 'HERBALISM'='RED CLOVER BLOSSOMS'='NATURAL SCHOOLS OF HEALING'='and then you can piously fold your hands and PRETEND you knew NOTHING=ABOUT=IT? What a bald-faced HYPOCRITE! "There are fearful WOES.... (4-

3 WOES.

- [1] "There are fearful WOES for those who Preach the Truth, but are not **Sanctified** by it, and ALSO for those who consent to receive and MAINTAIN the UNSANCTIFIED to MINISTER to them in Word and Doctrine. I=AM=ALARMED..." T1:261-2.
- [2] "WOE unto him who would make of NONE EFFECT the Word's of Christ's ambassadors... who would tell the people that the SWORD is coming and warn them to PREPARE for the Great Day of God." T3:452.
- [3] "...so there are WOES for those who RECEIVE and MAINTAIN the UNSANCTIFIED in the position which they cannot fill..." EXAMINE yourselves, whether ye be in the Faith!" T2:552. "...except ye be REPROBATES." (Same.)

IS THE ABOVE CLEAR?

Can a Minister be GUILTLESS when he collects MILLIONS of \$'s for the DRUG-SCHOOLS, and PRETEND he does not know anything about the HEALTH PRINCIPLES set before this people? Should he be allowed to carry on the MOCKERY? "His DISREGARD of HEALTH REFORM unfits him to stand as the Lord's MESSENGER." CDF 454. T1:469. T2:67,70. T4:553. GW 22.

The above 3 Woes cover "UNSANCTIFIED" Ministers and those who SUPPORT=MAINTAIN them. Just where ARE these "UNSANCTIFIED" Ministers? "UNSANCTIFIED MINISTERS are arraying themselves against God...MANY will stand IN=OUR=PULPITS with the Torch of FALSE PROPHECY in their hands, kindled from the HELLISH TORCH of SATAN...SOUND=AN=ALARM!" TM 409,410.

SOME

who read this Paper will Wish these references to the CHURCH and it's LEADERS = would better be LEFT OUT = especially for the World. What these people do not Understand is that SEVENTH-DAY ADVENTISTS were give the LIGHT on HEALTH REFORM = and instead of appreciating it = they have gone into DARKNESS = "DEEP AS MIDNIGHT!" BRINSMEAD, to please the Doctors running this Denomination = LEFT OUT Health Reform when he came to America in 1960. Do we need to ask you = "WHERE IS HE TODAY?" "ALL FOOD IS CLEAN!" Just like the PORK-PRIESTS of other Churches! But one thing more = this SDA Church is now LEADING OUT = using LLU as a BASE = YOUR TITHE MONEY! To be: "RINGLEADERS IN APOSTASY!" T5:212. Even into the "OMEGA!"=of APOSTASY = so they are calling in the "LAW" to take ACTION against the "NATIONAL FEDERATION OF HEALTH" and others who are feeling the LASH of the SCORPIAN CULT = and the World may as well know NOW as LATER = that this SAME REFERENCE; T5:211 = tells us ALL who LISTEN to those "DUMB DOGS"=will PERISH with them! Starting VERY SOON. It will not be long now. "There are only 2 places in the World where we can deposit our Treasures - in God's STOREHOUSE or in Satan's, and ALL that is not devoted to Christ's service = is COUNTED=ON=SATAN'S=SIDE!" T6:448.

THE QUESTION

we are asking is = WHEN will those who KNOW the TRUTH = ORGANIZE to set up their own CENTERS = TREATMENT ROOMS = BAKERY = CHURCH SCHOOL = COOKING CLASSES = PRINT SHOP. When "REFORMERS" started COOKING SCHOOLS = so did the Adventists = and on the Day of Discovery the DAY they DEMONSTRATED their CULINARY SKILLS = what did they OFFER? WHITE FLOUR BAKING! Enough to make a horse VOMIT! So if you have been letting things go = do so no longer! THROW ALL WHITE SUGAR AND WHITE FLOUR = OUT of the House! And if that Woman does not agree = throw her out also! YOUR LIFE is on the Line!

IT IS TIME

to get DEADLY SERIOUS. = or else be DEAD! There are certain NO-NO's. WHITE FLOUR is OUT! WHEAT is most likely OUT! WHITE SUGAR is OUT! "SUGAR..PUDDINGS=PASTRIES=JELLIES=JAMS=CAKES...are active CAUSES of INDIGESTION." CDF 113. "SUGAR in any form tends to CLOG the System, and is...a CAUSE of DISEASE." CDF 197. "AFFECTS THE BRAIN...is more injurious than MEAT." CDF 328,411. And if you have any of those SOYAS around = throw them OUT! Do not give such stuff away.

If I heard the Story right = about 10 MILLIONAIRES each put in a MILLION \$'s and set up A LABORATORY for Dr. Royal Lee to use to find what Foods are Best = and how they should be prepared. Just before he died he gave me BLANKET PERMISSION to print ANYTHING he had ever Written. So sorry we did not have the proper CENTER to have done that. HE WARNED FOR YEARS = but Adventists turned a Deaf Ear = SOYA (this may not apply to ALL varieties of the Bean = there are many varieties.) = have a "KIDNEY" and "BRAIN" poison in the outer shell to keep BUGS away = the CHINESE SOAK the Beans in several Waters - keep pouring the Water away. I think it was about 5 Times. (HOT WATER MAY SPEED IT UP.) The CHINESE do this BEFORE making "MILK" out of the Beans.

Perhaps one of the longest term **COLPORTEURS** in the SDA Church = who **PIONEERED** the Idea to sell the **ANTI-ALCOHOL "LISTEN"** Magazine to **COMPANIES** such as **FORD MOTORS** to give to **ALL** their Employees = (but they took this Idea away from him, as they took over)=found himself flat on his back in a Hospital on the West Coast = a conscientious Doctor took Test after Test to find out what was **WRONG** with his **CONFUSED MIND** =

Asked me if I would do something for him = I asked: What? He said = would you get me some..... (Bean-Soup jokingly called: "MILK!") = I asked = have you been using **THAT**? He said = "I just about **LIVE** on it!" I said: "That's why you're **HERE**!" Dr. Royal Lee said the outer Shell has an "ANTI-ENZYME" on it that is a **MIND** and **KIDNEY** POISON in them, unless **REMOVED** or **WASHED AWAY**. (Some say it can be burnt away = by **ROASTING** - I am from **MIS SOURI**.) In the **SAME AREA** = one set up a "HEALTH STORE"=he had a lovely Daughter = bright =he fed her that **SOYA JUNK** = at the age of 12 she started going **MENTAL** also.

JOHN H. TOBE in his Book = "THE GOLDEN TREASURY OF NATURAL HEALTH KNOWLEDGE"=(I paid \$20. just to have this Evidence)=

- (1) Being a Top Horticulturist he said he wanted to stress again that some **BEANS** and **SEEDS** commonly sold = are usually **LOWER GRADE** than **QUALITY STOCK**.
- (2) At that time they may be "TREATED" if **SEED QUALITY** = and many people have been **POISONED** with **MERCURY** = and thought they were doing a Noble thing to buy **SEED GRAINS** = this became so Bad = the Government passed a **LAW** = all **TREATED SEEDS** must be **COLOR**. **TOBE** suggested they be "THOROUGHLY WASHED." That is **OUT** = that would **NOT** do it! Maybe that is why he Died. I would not use that method unless **we were MAROONED** on a Desert Island and had **NOTHING ELSE**. **TOBE** p.185. (The Govt. method is better=**COLOR THEM!**)
- (3) "I am the first man and probably the only man in America or in the world who **OBJECTS** to the use of soy products in the diet of human beings or animals. Here I beg you to note that I said soy **PRODUCTS** and I did **NOT** say soy **BEANS!**" (EMPHASIS throughout these Papers - **OURS**.) **TOBE** p.199.
- (4) (**TOBE'S DISCOVERY** that should be **ADDED** to **DR. ROYAL LEE'S DISCOVERY**.) "Ninety per cent of all the soy products made, at least in America, are made from **WASTE PRODUCTS LEFT** after the **OIL** has been extracted from the soy beans by means of **HEXANE GAS TREATMENT**. It is referred to as **SOY BEAN MEAL** or **SOY MEAL** or **SOY PROTEIN** or **HYDROLYZED SOY PROTEIN** or **VEGETABLE PROTEIN** and it probably has many other names as well. But the fact remains that they are all soy or soy bean **PRODUCTS**. or more accurately, soy bean **RESIDUES** or **WASTES**." **TOBE** p.199. (Now we are coming to it. Why do I make this a **SPECIAL POINT**? Because we are after the **TRUTH** = is that not so? Let us go on:)
- (5) "About five years ago I openly and viciously **ATTACKED** soy bean **PRODUCTS**...." p.199,200. (We add the following: we came to the home stamping ground of **TOBE** being "PROVOKER: PRESS", St. Catherines, Ontario, Canada (**NIAGARA-ON-THE-LAKE**.) We attended a **MINING CONVENTION SEMINAR** in Toronto, Ontario. We talked to the most prominent **HEALTH STORE MANAGER** in the Toronto Metropolitan Area. I don't remember who started it - but **TOBE'S DAUGHTER** dying of **CANCER** = came up for Question. The Question of **WHY** should a member of such a man die of Cancer? I replied = just because a **MAN** feels and believes so = **THAT=NEED=NOT=MEAN=THAT=HIS=FAMILY=MAY=FOLLOW=HIM?** In Fact - the protection of God's Hand held over people in the Time of their Ignorance = may be **REMOVED** from those who **PERSIST** in going their own way = so just because a Member of the Family **dies of Cancer**, that means **NOTHING!**
- (6) He looked at me for a while and then said: "She followed **HEALTH REFORM** to the 9th. Degree! She bought most of her Supplies right here in this Store!" I had to reel back in amazement and had to do some **HARD THINKING**. And I came to the **Conclusion** that she got her Cancer right here in this Store = because of the **CANCER=CARCINOMATOUS=MALIGNANT GROWTH AGENTS** and **DYES REEKING** in so-called "HELL-th" Foods to make **SOY WASTES** already **DRIPPING** with **SOLVENTS** that when fed to **PIGS** and **STOCK** = the more they fed them the more it **KILLED THEM!** So they **SWITCHED** over to feeding it as a **CHEAP LOW-GRADE** and **LOW-PRICED "ERSATZ"="MEAT SUBSTITUTE"** to **TASTE=LOOK=SMELL=like** the **SOUTH END** of a **PIG** going **NORTH!** To which they add **TONS** of **RED** or **ORANGE COLORS!** No Wonder **TOBE** saw through that = and was moved to **EXPOSE** it if it cost his **LIFE!** Now we continue with **TOBE'S BRAVE EXPOSE** :)
- (7) "I received a letter from one of the largest processors of vegetarian foods which is controlled by a religious movement and they took strong and emphatic exception to my denunciation of the soy **PRODUCTS**. They went to great lengths..." (6-

"..to point out how WONDERFUL their products were. I wrote back and told them that if they would boldly and clearly state that their soy products were made from the whole bean, without any treatment, then I would retract my statements. BUT=THEY=DID=NOT=REPLY and therefore I must assume that their products are made from the WASTES of the soy beans and are NOT true soy bean products.

"I was also attacked and challenged by other manufacturers and processors of soy products BUT=NOT=ONE=SINGLE=ONE of these people who attacked me would go on record that their products were made from the WHOLE=SOY=BEAN...the WASTE product is comparatively low in price..." TOBE p.199,200.

(8) "However, there is a little more flavor to this story that I would like to tell you about. In order to justify the use of this horrible, destructive, harmful WASTE product called soy products in various forms, they have even concocted a story that tells you that the raw soy bean will cause sickness and death. What I am telling you may come as a surprise but it is 100% true and can be certified by anyone who is willing to investigate.

"There are two research projects, with the accompanying documentations that positively prove that untreated or raw soy beans contain an ENZYME INHIBITOR that will KILL YOU, or do you serious harm. I came across this evidence about 15 years ago but instead of being frightened away from the soy beans, I made it a point to eat them. I did not believe that nature concocted a bean to poison people and animals, so I tried eating a few beans and more beans and then lots of soy beans, without cooking, and I lived to tell the tale. THEREFORE, I KNEW that these research projects were PHONEY somehow and the people who peddled that story were deliberate bold-faced LIARS and subsequent investigations have doubly or triply proven this assertion. I also tried the whole raw bean eating on a few of my friends. They, too, are still alive...

"Now if you are at all intelligent or you have one ounce of brains in your bean, you'll be wondering what's all this about? What rhyme or reason would anyone have to pass on a story about raw soy beans causing you harm or killing you? It doesn't make sense. At least, it doesn't make sense on the surface...." TOBE p.200,201.

JOHN H. TOBE = above all was an INDIVIDUALIST and in many cases = CANTANKEROUS. Which is the Danger for all men who become aware of the SKULDUGGERY pulled off in the name of "SCIENCE" and the BUCK. Who get so they trust = NO ONE! This, of course, can go too far. We believe he weakened his case by throwing in this DOUBT. And that may just have cost him his LIFE! When in doubt = what do you do?

IN THIS CASE - his wonderful assessment of "NATURE" = would not pull such a dirty Trick on us by putting POISON in anything - could well join BRINSMEAD and the PRINCES OF BABYLON he now goes by = that "ALL FOOD IS CLEAN!" A wonderful Midsummer Nights Dream. Anyone who does what TOBE here suggests = can find HUNDREDS if not THOUSANDS of cases where many other SEEDS=NUTS=TOAD-STOOLS="HERBS"=carry a DEADLY LOAD=(even Apple-Seeds as RODALE found out!) = in Sweden where LEAD ORE lies often on the Surface - the GRASS can be DEADLY to STOCK. That is why some HERBS - such as TANSEY = grown in GRAVEL SOIL = may be entirely SAFE and one of the best Blood-Cleaners known. But if such a Plant has an affinity for a certain MINERAL, and grown NOT on a GRAVEL BED but on an ORE-BED = it might conceivably carry a LETHAL LOAD of LEAD = COPPER = or whatever.

So this Grand Generalizing and Spiritualizing would not change the MECHANICAL-CHEMICAL make up in no way. FACTS will still remain FACTS. and TOBE could be DEAD because he was DEAD WRONG when he wrote the above which we print to show BOTH SIDES. We go with DR. ROYAL LEE = and if in doubt = why use those Beans at all? ARE=THERE=NOT=MYRIADS=OF=OTHER=BEANS=PEAS=LENTILS=NUTS=to derive "PROTEIN" from? And besides: "Some persons cannot digest PEAS and BEANS..." (Try to find THAT reference in ANY INDEX!) CDF 198.

"There are those in MY FAMILY who are very fond of BEANS, while to me BEANS are a POISON" CDF 491,494. MH 320. So there we enter a New Dimension. WHY? Top Nutritionists will tell us (A)It depends on our CHEMICAL MAKE-UP. Perhaps we have TOO MUCH already of those Elements carried by those Foods. (B)Perhaps the ORGANS whose work it is to DIGEST those Substances are too WEAK to handle them. (C)Perhaps it DEPENDS on how they are PREPARED. (D)BEANS should be made "PALATABLE" with a little MILK or CREAM. CDF 322,323,86. (7-

- (9) MORE TOBE = "...soy beans are America's foremost agricultural crop...worth a billion dollars or more annually...there are virtually MOUNTAINS of leftover soy residues after the oil has been taken out...residues go mainly into making animal feed and then they have to add synthetic supplements to make up for what they have extracted. But in spite of this = or as I say BECAUSE of this - animals get sick and die...requires a flock of VETERINARIANS to look after them...the present day method of extracting the oil is done through the use of a SOLVENT...hexane gas. This is a DEADLY, CAUSTIC, STINKING PETROLEUM product that is much more SMELLY than GASOLINE...they syphon off the oil LOADED with hexane gas and then heat the residue and the oil to drive off the hexane gas. But as any JACKASS would know you could never ever get rid of the harmful effects of the hexane gas and its various chemical combinations...
- (10) "Soy beans can be made into many nutritional, healthful, satisfying vegetarian products and you should use them. But don't buy any product that is made from soy bean RESIDUES...and at least 90% of all the soy bean products sold throughout America are made from soy bean RESIDUES that have been treated with hexane gas and are harmful to man and beast." TOBE p.201-203.

HIS FATAL MISTAKE = "My philosophy about eating is somewhat similar to that of the Chinese. I'll eat anything that is fit to eat. If it grows, if it walks, if it runs, if it flies, if it moves, if it lives on the earth, below the earth or above the earth I will eat it." JOHN TOBE'S LAST TESTAMENT.

I think it was important to cover the Subject of HELL-th Foods and Soy Beans. Everyone should get the CANCER NEWS JOURNAL, 7740 W. Manchester, Suite 110, Pala del Rey, CA 90291. \$15.00 a Year. \$2.00 a Copy. Perhaps I am jumping the Gun to mention the one Article p.4. Vol.17. No.1, SPRING 1982. HEAT for CANCER. Known for a long Time. for many other things besides CANCER. I think MENTAL Cases would be greatly benefited by staying on the WARM SIDE. COLD is ACID. HEAT is ALKALINE. For many years LUST of the NATUROPATH MAGAZINE recommended the "BLOOD BATH." Put a Hose on the Water-Tap in the Bath-Tub to carry the Water to the other End of the Tub. Bring it to BLOOD HEAT = stay in the Tub for Hours. READ - do what you like, but stay in. Must have an attendant to watch the Patient so he does not go UNCONSCIOUS and slip under. Or to Help him get out. After about 2 hours the Water will get BRILLIANT YELLOW and a Stench! = drive the attendant out of the Room. Remeber that all the Time the water is running to keep the Temperature uniform - so it is running out the over-flow. They say those who take this Treatment "Feel like a Million \$'s." EMPTY the IMPACTED PORES - the "SECOND KIDNEY."

10 Days of HEAT LAMPS = deep Massage = and STEAM BATHS = the Patient told the Head Masseur that he had built a New House = drilled Holes for the Water-Pipes. Found they were in the wrong place = so had to drill new ones. The Mice came in through those Holes. He was plastering the Gyproc = had some left over = threw it in to cover those Mice Holes. Some time later they noticed a bad sour Smell. They literally got on their hands and knees to track it down = it was that CRACK-FILLER. LACTIC BASE. (MILK.)

He told the Chief Masseur = water here is everywhere = DAMP = I can smell that SOUR SMELL here - you better check-out for some PLASTER that should be dug out and filled with other type Plaster. The Chief said - "Do you know what the Smell is? it is YOU = after about 10 Days the Pores will Smell like that. That smell is you!"

I went Home and put two and two together. I went into the Tub and got RED-HOT = then sponged off at the Sink with ICE-WATER until I could see GOOSE-PIMPLES. Then back in the HOT-TUB. Perhaps 10 minutes and 1 minute out for the Ice-Water. EXPERIENCED NURSES SAY = they have seen Patients = you can literally BOIL THE HAND = it will not do NEAR as much Good with HEAT ALONE = as if you alternate HOT and COLD. This way you add to the WATER trying to loosen the PORE IMPACTATIONS = you add MECHANICAL ACTION = open and closing of the Mouths of the Pores = ADD THAT to the CHEMICAL ACTION. The two together I brought out that SMELL = in 2 Hours! (Not 10 Days!) Of course such a Treatment could not safely be given without a Doctor or a Nurse monitoring the Heart = Pulse and Pressure. A modification with HOT MUD BATHS should be EXCELLENT. The Mud to be baked dry so it will DRAW the Pores clean. Then wash off. Together with a "CLEANSING" programme of some sort.

NEXT TO THAT = if the Patient has enough Energy = climb a Hill in HEAVY WOOL UNDERWEAR, bring him to a SWEAT = then SHOWER it off. This is "MEDICINE!"

THE IDEA IS:

To CLEANSE the Body. I may be putting things down = not in the best Order. It is just that I ran into this Question of HEAT = INDUCED FEVER = to cleanse the BLOOD-STREAM = that I switched to that Subject. "FEVER KILLS CANCER CELLS."

"Perhaps one reason for this lack of BREAST CANCER among JAPANESE WOMEN is their propensity for HOT BATHS. There is a record dating before 1850 of CANCER PATIENTS becoming well when they suffered from HIGH FEVER. FEVER somehow kills Cancer cells. It stimulates the rectuloendothelial system = OUR IMMUNE DEFENSE - to destroy Cancer cells BEFORE they become apparent. Most Japanese take daily baths with a water temperature of from 110°-120° F; thus the Japanese treat themselves with daily fever. HYPERTHERMIA THERAPY (artificial fever) is being used in many parts of the World with some success in treating advanced Cancer (Proceedings, International Symposium on Cancer Therapy by Hyperthermia and Radiation, 1975). In the United States, the California TUB offers an equivalent to the Japanese HOT BATH; however, for the elderly, very HOT BATHS may pose a danger of heart failure." (Emphasis ours.) CANCER NEWS JOURNAL. SPRING 1982. p.4,5.

CHURCHILL

It was daily and prolonged HOT BATHS that kept CHURCHILL alive in spite of his CIGARS and DRUNKEN LIVING = when the 3 were POISONED at YALTA (?) = it is thought his habit of HOT BATHS saved his Life while ROOSEVELT and STALIN ended theirs. Then also there was a Rumour that a HERBALIST in EGYPT helped to get that POISON out. And in CANCER or any other Therapy = the Idea is to get TOXINS OUT. Yet this alone is a One-sided approach. The Ideal Plan is to BUILD as well as CLEANSE. Perhaps, to do the Job right = it could be said we cannot CLEANSE = without BUILDING. Worn out, spent, and undesirable CELLS can not be ushered OUT = without a SOUND NEW CELL = to take it's place.

A CARPENTER cannot build with LUMBER alone = IRON is needed in the form of NAILS; = to build a Chimney; = BRICKS and LIME ALONE will not build a sound Chimney; = CEMENT is also needed. So the little man downstairs must often wonder what the Fool upstairs sends down and expects him to build with. WE MUST SUPPLY THE ELEMENTS! A Naturopathic Slogan is: "GOOD BLOOD plus GOOD CIRCULATION = there can be NO DISEASE!"

"In order to have GOOD HEALTH, we must have GOOD BLOOD; for the Blood is the current of Life. It repairs waste, and nourishes the Body. When supplied with the proper Food ELEMENTS, and when CLEANSED and VITALIZED by contact with PURE AIR, it carries LIFE and VIGOR to every part of the System... BLOOD should make its way QUICKLY and EASILY to all parts of the Body... Whatever hinders the CIRCULATION forces the BLOOD back to the vital Organs, producing CONGESTION. Headache, cough, palpitation of the Heart, or INDIGESTION is often the result." MH 271-2. CDF 92. (This Paper is addressed to those who are acquainted with the World's Best Health Authority = ELLEN WHITE and her Visions. What we refer to here are her Books.)

A CHURCH = anxious to meet the World more than half-way = have invited the World in = in HEALTH as well as in RELIGION. We believe this: "ADULTERATED SUBSTANCES should be AVOIDED!" CDF 85. Therefore we avoid the Church Leaders who have brought us to the predicted "OMEGA" of Apostasy! We are looking for the CAUSE of the DISEASE. SM 1:193-208.

"The INDIFFERENCE which has existed among our Ministers in regard to HEALTH REFORM and Medical Missionary Work is SURPRISING. Some who do not profess to be Christians treat these matters with greater reverence than do some of our own people, and unless we AROUSE, THEY=WILL=GO=IN=ADVANCE=OF=US!" TM 417.

"Men of CLEAR UNDERSTANDING are needed now. God calls upon those who are willing to be controlled by the Holy Spirit to LEAD OUT in a work of thorough REFORMATION... There seemed to be a GREAT MOVEMENT - a work of revival - going forward in many places. OUR PEOPLE were moving INTO LINE..." (They did not FORM the LINE = they were moving INTO a LINE formed by OTHERS. "THERE IS A PEOPLE who will bear the Ark of God... THEY will show the people their TRANSGRESSIONS... The CONFLICT is to wax FIERCER and FIERCER. SATAN will take the field and PERSONATE CHRIST." TM 411.) TM 417. RH A4:372. T6:299.

We are to prepare for that day = HEALTH REFORM is part of the PREPARATION WORK. CLEANSE the BLOOD STREAM. So now we come to the Subject of AUTO-INTOXICATION = the Prime CAUSE of CANCER and all other Disease. The Greatest Health Institution the World has ever known = the KELLOGG INSTITUTE = was built around the VISIONS of ELLEN WHITE. (9-

KELLOGG INSTITUTE.

It would be more impressive if I could give you the Quote = where KELLOGG rightly said, as have a THOUSAND others = that the Health Troubles of man lies in the STOMACH=SMALL-IN-TESTINES=COLON. This is the Electric Generator. The BRAIN is the BATTERY = the SOLAR PLEXIS is the SECOND BATTERY. To generate ELECTRICITY = is NOT a FERMENTATION PROCESS = it is an ELECTROLYTIC PROCESS. To make ELECTRICITY there has to be METALS in a medium of ACID. The DIGESTIVE SYSTEM is a MACHINE = digestion starts in the Mouth = GLANDS SECRETE the FLUIDS meant for that particular Food. MIXING Foods, such as putting BUTTER on BREAD, throws the SYSTEM into a QUANDARY = what JUICE should it SECRETE to digest WHAT? Therefore the "MONO-DIET" is the Best. DR. NOLFI CURED CANCER with ALL RAW VEGETABLES. Up to 24 Kinds at one Sitting. Still a "MONO" Diet. ALL VEGETABLES. It is better to reserve FRUIT for another Meal. KEEP them APART! For many Years we had people visit us on the Sabbath = each brought something = (we also met in different Homes) and this one Family ALWAYS brought LEMON=APPLE or some JUICE to help "DIGEST" the Food. The "HARMONY DIET." About as INHARMONIOUS a DIET as it could be. One after the other would Testify that it took 2 or 3 days to recover. Until I put my foot down = and said no more MIXING of FRUIT with VEGETABLES! "FRUIT and VEGETABLES taken at one meal produce ACIDITY of the Stomach; then IMPURITY of the BLOOD results, and the MIND is not clear because the DIGESTION is IMPERFECT." CDF 113. ("COUNSELS ON DIET AND FOODS.")

CONSTIPATION.

AT THE CONGRESSIONAL HEARINGS = one Cancer Specialist brought evidence to prove that of his own Cases and that of his Colleagues = 6,000 Cancer Patients = there is NEVER a Case of Cancer = NEVER, but what it is preceded by a long History of acute Constipation. THIS REQUIRES CLARIFICATION. A man protested that he was Constipated = he said he goes after every Meal, how could he be Constipated? The Doctor gave him 6 seeds of Corn, and told him to come back when the Corn showed up. He came back 2 weeks later. The Doctor said: "See? you were CLOGGED up to here! every time you ate = you PUSHED a little more OUT!" (Beets, raw or cooked = should show up in 12 to 24 Hours, or else put up the RED FLAG.) What are we dealing with?

- (1) CHEMISTRY. The CHEMISTRY of the BODY. The CHEMISTRY of the FOOD.
- (2) Has the CHEMISTRY been UPSET by POISON SPRAY RESIDUES? by ADULTERATION? by PRESERVATIVES? by SULPHAS? by ANTIBIOTICS? by SLEEPING PILLS? TRANQUILIZERS? PENICILLIUM? by ASP in ASPIRINS? by some HELL-th Foods? by an overload of SUGAR? CANDIES? COOKIES?
- (3) Have the LUNGS=PANCREAS=LIVER=GALL=BILE=KIDNEYS=APPENDIX=VILLI=STOMACH=COLON=been acting up? Failed to perform their Duty? WASTES backing up?
- (4) McCANN of the NEW YORK GLOBE = discovered the DYING SAILORS on the CROWN PRINCE WILHELM, the Pride of the German Fleet - the "GREYHOUND OF THE SEAS"=was de-capitated, crippled, put out of Service = NOT by Enemy Action but by the LACK of DIGESTIVE ENZYMES in the "MODERN DIET." He restored it by peeling vegetables = throwing the INSIDE AWAY! the MINERALS are all in the OUTER SHELL. McCANN also took BRAN and steeped both at LOW HEAT for MANY HOURS = and gave the men the water to Drink. They were DYING at the Rate of 1 or 2 a Day. All the Doctors of the USA were unable to do a thing for them, he emptied the Ship Hospital in about a Week. ONE MAN, PARALYZED from Head to Toe = took 2 weeks to recover. This should have been made known to the Whole World, it should be taught in all Schools. The most important discovery of World War I. The same or much the same as the discovery of the CAUSE of PELLAGRA=SCURVY. THE LACK of DIGESTIVE MINERALS, today called "ENZYMES"=the CATALYST to Spark to Life the Motors of DIGESTION. BRAN = steeped at Low-Heat can be a delicious DRINK if used with MILK or CREAM and HONEY. Put HONEY in containers of equal quantity - then weigh them, some will be MUCH HEAVIER than other Honey from different areas of the World = they have more MINERALS(METAL). HERBALISM takes the ROOTS=BARK=SAP=LEAVES=SEEDS=and the BEES act as "HERBALISTS" to gather the Best of the Flowers. Folk-Lore teaches that HONEY from different parts of the World = can cure Cancer.
- (5) We are dealing with BACTERIA. Good Bacteria that DIGESTS the MINERALS in FOOD. It is MINERALS we are after. Under a FERMENTATION PROCESS - TOXIC BACTERIA take over. The Plan is to get rid of the BAD BACTERIA by taking away what they BREED on, what they LIVE on. NATUROPATHY said the wrong Bacteria cannot live in GRAPE JUICE. Hence the "GRAPE CURE." It appears it takes the RIGHT KIND of GRAPES.
- (6) The RUSSIAN RESEARCHERS found that both GARLIC and ONIONS will kill "STREP" in the Mouth = GARLIC perhaps from 2 to 4 Hours = ONIONS perhaps 1 to 2 Hours. (10-

- (7) Perhaps this is why "CHAPARRAL" Herb Tablets have also been acclaimed as a WEAPON in the ARSENAL to cure CANCER. A Nurse told me that CHAPARRAL from the DESERT = is the "ONLY" true non-Toxic "ANTISEPTIC" (Germ-Killer)=in the Vegetable Kingdom. A Word to the Wise is sufficient. No harmful Side-Effects if used in Moderation.
- (8) Speaking of PURIFYING the Intestinal digestive Apparatus without killing the Host as well as the Intruder = CHARCOAL from HARD WOOD (MAPLE=EUCALYPTUS=BIRCH)=(not the cheap "CEDAR" CHARCOAL often Sold in the USA.)=since this is a quick Review = more details can be found in "LOMA LINDA MESSAGES"=p.259-261. Imagine the SCURVY-CREW that would keep this Information from the Church and the World = and drag DR. WILBORNE through the Courts - cost him \$30,000.00 - he WON - but he LOST = \$30,000.00 while the SCURVY CREW has all their WAGES and EXPENSES = and TRANSPORTATION and LAWYERS and LIARS and "DOUBLE-TIME" and "DIRTY-MONEY" and HOTEL BILLS = all PAID so they can end up LAUGHING until the Judge of all the Earth rises up in ANGER to rid the UNIVERSE of such SCUM and RUBBISH! That had the LIGHT on "DISEASE and it's CAUSES"=and when we got the Re-printing of the Books started = the GENERATION OF SCORPIONS and the "DEN OF THIEVES"=move in to cause Diseases such as CANCER = to go from 1 in 18 to 1 in 4! And these SCORPIONS make MONEY off the Deal. Instead of being turned loose in the Bush to cut CORDWOOD for 75¢ a Cord! or something else fitting to their Talents = clean BARNS! Worldly JUDGES sometimes prove to be not ONE-HALF as ROTTEN as the ROTTEN CHURCH-LEADERS! And if you want that word "ROTTEN" applied to Seventh-day Adventist Church Leaders whose day of UPCOMMENCE is at hand = find it in the SEALING of the PHILADELPHIAN CHURCH = vs the "ROTTEN" ones who say the LAW cannot be kept. = that "CHARACTER" cannot be changed or developed. This is in TM 446-447.

It is TIME for those who have TITHE slated for DAVENPORT = to set up CENTERS = buy and print BOOKS = EDUCATE = EDUCATE = EDUCATE. Beg THEM to do the EDUCATING? **NEVER =!!!**
 Their TIME and OPPORTUNITY is far PAST = !!!

CHARCOAL

"MALARIAL FEVER...INFLAMMATION OF THE BOWELS...FEARS were entertained that MORTIFICATION had set in. Then the thought came to me like a communication of the Lord, to take PULVERIZED CHARCOAL, put WATER upon it, and give this WATER to the sick man to DRINK, putting BANDAGES of the CHARCOAL over the Bowels and Stomach...in half an hour there was a change for the better. We had to go on our Journey and leave the family behind, but what was our surprise the following day to see their wagon overtake us. The sick man was lying in a bed in the wagon. The Blessing of God had worked with the simple means used." LETTER 182,1899. LLM 259.

CHARCOAL and SMARTWEED

"One of the most beneficial remedies is PULVERIZED CHARCOAL in a bag and used for FOMENTATIONS. This is a most successful Remedy. If wet in SMARTWEED, BOILED, it is still better. I have ordered this in cases where the sick were suffering great PAIN, and when it was confided to me by the Physician that he thought it was the last before the close of life. THEN=I=SUGGESTED=THE=CHARCOAL, and the patient has slept, the turning point came and the recovery was the result. I have prescribed this simple remedy with perfect success. The POISON of INFLAMMATION is overcome, and the PAIN REMOVED, and the HEALING goes on rapidly. The more severe INFLAMMATION of the EYES will be relieved by a POULTICE of CHARCOAL put in a bag and dipped in hot or cold water as will best suit the case. THIS WORKS LIKE A CHARM.

"I expect you will laugh at this, but if I could give this Remedy some OUTLANDISH NAME...it would have greater influence." LETTER 82,1897. LLM 260. (Yes. They had to go to LAW to put a STOP to THAT! But these VERBOTEN and LOST WRITINGS became so POPULAR that they could do NOTHING MORE to STOP THEM! For this we can thank DR. WILBORNE (\$30,000.00) JOHN TOBE (\$30,000.00) J. I. RODALE (\$300,000.00)=that is what it cost them to "BEAT THE BASTARDS!" = and yet there are some CATERWAULING about \$21,000,000.00 to \$75,000,000.00 and perhaps a great deal MORE by the Time all the LEGAL FEES are added up = some are so SORRY that happened. And there will be BARELY A ONE = that will CONNECT that with their taking after the NATURAL TREATMENT SCHOOL in their R&H "NICHOLS" agitated "QUACKERY CONGRESSES" that FAILED! and the "ANTI-POLLUTION" Movement was borne! Their YEARS of THREATS to take us to LAW! so they like "LAW" so much = let them have some "LAW!" and more to come! Did anyone connect that to them NOT SATISFIED with the AMA-FDA taking them to LAW= but now they come right out in the OPEN! Using "LOMA LINDA UNIVERSITY" = setting up a Boothe there for LEGAL "ACTION" Groups to use "LAW" against NATURAL TREATMENTS! (11-

These have fraudulently usurped possession of a Church dedicated in its ORIGINAL CHARTER to Natural Remedies. There is no Question but this could be Contested by LAW = to throw out the Elements that falsely parade themselves as "ADVENTISTS"=who have not an Adventist bone in their Body. And far less in their Mind. The MORE we point out the Following, the MORE they turn against this:

CHARCOAL and OLIVE OIL.

"I will tell you a little about my experience with CHARCOAL as a Remedy. For some forms of INDIGESTION, it is more efficacious than DRUGS. A little OLIVE OIL into which some of this powder has been stirred, tends to CLEANSE and HEAL. I find it is excellent.

[Yes, she did also Teach to take the CHARCOAL INTERNALLY as well as drink the WATER OFF the CHARCOAL.] "Always study and teach the use of the SIMPLEST REMEDIES, and the SPECIAL BLESSINGS of the Lord may be expected to follow the use of these means which are within reach of the COMMON PEOPLE." LETTER 100, 1903. LLM 260.

CAUSE OF CANCER.

FOR YEARS their Loud-Speakers blared to the World that diseased MEAT and especially UN-CLEAN PORK = are active CAUSES OF CANCER. But it was not until 1958 = that they allowed that "CALOMEL"=(MERCUROUS CHLORIDE)=will cause CANCER."SENDS ROTTENNESS into the BONES.. TUMORS, ULCERS, and CANCERS, YEARS AFTER..." SM 2:449. (Also other POISONOUS DRUGS!)

MERCHANTS OF BABYLON

FOUR OF US had "DISEASE and IT'S CAUSES"=reprinted. In which was that Quote = p.65. But to this day they will NOT give THAT REFERENCE in their "INDEX." Because, not willing to OFFEND their FRIENDS and COMPATRIOTS of the "MERCHANTS OF BABYLON" that the Lord is pledged to DESTROY in Rev.18:2-21. To COVER-UP for them, they rather now Preach from Coast to Coast = that the "UNLIMITED LOVE" of God does not permit Him to DESTROY at all! Thus they deny BIBLE and TESTIMONY. And will be the FIRST ONES that the Lord WILL DESTROY! T5:211-2. And all who Listen to them. "ALL PERISH TOGETHER!" T5:211-2.

- (1) IRRITATION causes Cancer. Paint a Rabbit's ear with COAL TAR and he gets Cancer.
- (2) CONSTIPATION is an IRRITATED condition. When you get a HEAD-ACHE what do you take?
- (3) IRRITATION alone will cause Cancer. In that IRRITATED condition you take ASPIRIN. Which ALONE will cause Cancer. Now you have 2 Strikes against you.
- (4) 80% of people at one time or another = develop HEMORRHOIDS = what do you do for HEMORRHOIDS? Look at that LUBRICANT = is that SULPHA? If they don't get you from one End = they try from the other! 3 COUNTS and you're OUT! And you Wonder why God gave you Cancer. NEWS NOTE = CBC-TV June 28, 1982: BABY'S DIE UNEXPECTEDLY = perhaps a yr. or 2 yrs. Old. Called "REYE'S SYNDROME"=now Doctors lay the blame on the ASP in ASP-IRIN! The NEWS REPORT said the ASPIRIN COMPANY is threatening to SUE = they will not let a "BILLION \$" industry go down without a FIGHT! ASPIRIN is not as HARMLESS as it has been touted. I attended a FUNERAL where the Boy got loose in an "ASP-irin" bottle. The Mother was distraught. It has been aired as the largest single cause of accidental DEATHS in the Home. HOW=MANY=CASES=OF=CANCER can be chalked up to its use? IF=IN=DOUBT = leave it ALONE! Find the CAUSE = not the CURE. PREVENTION. A Nail in Time saves Nine. Why get that HEAD-ACHE in the first case? You never heard of FIGS=PRUNES=CHIA=POPPY=SESAME=FLAX SEEDS? Put in PORRIDGES = BREAD = WHOLE GRAIN BUNS? Remember MILLET the only non-acid Grain. People are again discovering BARLEY. OLYMPIC CHAMPIONS steam to Victory with WHEAT GERM. Go to NATURE'S STORE-HOUSE = not the CHEMICAL WITCH'ES CAULDRON. God's blessing goes with NATURAL-MEANS. Trust Him. Many claim LEMON will do EVERYTHING that ASPIRIN will do = and do it BETTER! They would not keep ASPIRIN in the House. Nor any other COAL-TAR PRODUCT.

'AT A MEETING

I told the Doukhobors that ASPRIN is a WIZARDS concoction. It is a Wolf in Sheep's clothing. Put a SNOW-WHITE ASPRIN on a Hot Stove = and see the BLACK WOLF appear. One told me later = why didn't you tell us to put it in a Tin-Can? It will STINK you OUT=OF=THE=HOUSE! How can such a DEAD BOTTOMLESS-PIT COAL TAR PRODUCT be good for ANYTHING? Man is the DUMBEST of all creatures when it comes to Health. NO ANIMAL would SMOKE = build huge VATS to FERMENT GRAIN or FRUIT = and then DRINK the FERMENT! He may ROOT in the Ground but he would STOP his ROOTING when he came to the COAL TAR! He would have that much common SENSE! The PIG will not stoop as Low as man. Grade C humans raise Grade A hogs=on the BEST part of the Grain = the BRAN = the SHORTS = the GERM = the PIG eats it and does well on it = MAN and his WIFE = throw it OUT = to be in Style. Then end in a Coffin. No wonder the Angels turn away in disgust!

FOLLOWING THE MULTITUDE

"As Sheep gone astray." There is practically no Woman left = but it is her Religion = (Due to MASSIVE Advertising)=but that "HAS" to use DETERGENT SOAP(?)=to wash Dishes. They just COULD NOT leave that out? A Woman in this City of GRAND FORKS = after running from Doctor to Doctor - ended up in the World Famous "ROCHESTER CLINIC"=and the Doctor there in charge of her case - finally told her to STOP using DETERGENT for washing the Dishes. Her SORE MOUTH was all gone = DISAPPEARED = when the DETERGENT DISAPPEARED! Some may call this "ALLERGIC"=they recognize an ALLERGY when her LIFE is Threatened! But does it do NO HARM to others? Or perhaps show up in a different way? In the MIND = perhaps? Or with THOUSANDS and MILLIONS of Babies born with BIRTH DEFECTS=even born BLIND = CRIPPLED = DISFIGURED = DEAF = even CANCEROUS = requiring YEARS of CARE and REGRET = is it not time to SMARTEN UP?

What about ANTI-PERSPIRANTS? God put EXTRA LARGE PORES under the arms = to DETOXYFY the BODY. PURIFY it = CLEANSE it. But you are going to go AGAINST NATURE = you are going to STOP THAT NATURAL PROCESS? You are going to BOTTLE IT UP? With FORMALDEHYDE? Or do you REALLY CARE what it is made of - as long as it WORKS? for 2 "EXTRA DAYS!" or worry if it is "DRY?" A poor Brain-washed Society. HORRIFIED if one of them does not STOP THAT HEALTHY CLEANSING SWEAT! A NATURAL PROCESS - must be STOPPED! It is the CUSTOM! Wouldn't you really be ASHAMED - if you were caught SWEATING? "Thou shalt earn thy Bread with the SWEAT of thy Brow!" If under-arm SWEAT must be STOPPED = why not take a Dip of the WHOLE BODY in a FORMALDEHYDE or some other CHEMICAL DERIVATIVE? Ain't Science WONDERFUL? I like HOSEA who speaks of them as being "FLOCKS" and by "HERDS" following their Church and Medical Leaders - into the Valley of Death. "They shall go with their FLOCKS and their HERDS to seek the Lord; but they shall NOT-FIND-HIM! He hath WITHDRAWN Himself from them!" Hosea 5:6. PT 45,64,79. RH A1:21.

SINUS

You have "SINUS" trouble? You know what to take for that, don't you? Would the HONEY with the WAX = do any good? Since the SINUS takes up so much ROOM next to the BRAIN = could be an important Organ - right? Do you use KLEENEX every MORNING to DRAIN it? Or do you BOTTLE it up? Until it discharges GREEN? Trying to tell you something - isn't it? SWALLOW it and get SEPTIC THROAT? The ACID the Body is trying to get rid of can BURN the FLESH so it leaves you with a RAW THROAT? And you never did figure out WHY? An EMERGENCY MEASURE to carry TOXINS out of the Body. No one told you that both the SINUS and the LUNGS are DIGESTIVE ORGANS? Not from the Food itself, no. But as you CHEW the FOOD AROMATIC VAPORS = GAS = are snatched up by the SINUS and the LUNGS = and then Doctors WONDER why FOOD caught half way down - sometimes have "LOST!" a great Portion = sometimes HALF of their ENZYME CONTENT! And they WONDER where it went! Another GOOD REASON for CHEWING your Food - well. Not bolt it down = or WASH it down with COFFEE. No one told you to drink BEFORE Eating and NOT while you are Eating? CDF 311. A HABIT = and a CUSTOM hard to break. DRINK MORE BETWEEN MEALS. Could DRINKING with Meals be a MAJOR CAUSE = of ARTHRITIS? Together with SUGAR? Wash the OIL out of the JOINTS? Yes, it was the CHURCH that was to Teach these things with God's Tithes. But they have Lost their FIRST LOVE. AMPUTATED the RIGHT ARM of the Message - Health Reform to "PREPARE" a people. To stand in the coming Storm. "The INDIFFERENCE among our Ministers in regard to Health Reform and the Medical Missionary work is surprising. Even those who do not profess to be Christians treat the subject with greater respect than do some of our own people, and these ARE GOING IN ADVANCE of us. Why, I inquire, are some of our Ministerial brethren so far BEHIND...MINISTERS should feel it a PART of their work to minister to the sick and afflicted whenever opportunity presents itself...NOT by means of DRUGS, but from Nature's own Laboratory." ORIGINAL TEXT = RH A4:372. Jan. 14, 1902. (SEE CHANGES in your TM 417.) (Much the same as above = T6:299.)

"All accountable beings can UNDERSTAND it if they will. IDIOTS will not be responsible." T3:161. "There is CHEAP, VERY CHEAP FODDER placed before our people." TM 337. (There is one I cannot locate at the moment, that goes something like this=) "Though JEWS, TURKS, UNBELIEVERS take part in this Work, the Movement, never-the-less is of God!" ["GREEKS" also!]

Some, who cannot take COD LIVER OIL by Mouth (VITAMIN A)=may be able to absorb it by putting it under the Arms. Let some one else put SULPHUR in your Shoes = and in MINUTES if not SECONDS - clap your hands over a Match, Lighter, or open Fire = and see the SULPHUR IGNITE! Proving what? Proving that FORMALDEHYDE is the Base for making PLASTICS = (13-

do you need that UNDER your arms - to find it's way into your Blood-Stream? And end up with HARDENING of the ARTERIES or HARDENING of the BRAIN? Just make sure you do not SWEAT! SWEATING might KILL you! But not FORMALDEHYDE, or some CHEMICAL even WORSE! Could it be the CAUSE of ARTHRITIS? It is not always easy to pin it down. It might be CUMULATIVE = several Factions working together. Be Wise = avoid them all. Or is that against the LAW? We honor the men and women who have penetrated the IRON-CURTAIN.

CANCER PACKET.

We include REPRINTS by the kind permission of Ann Cinquina of "CANCER NEWS JOURNAL" = we are not set up to send you so many of ONE or so many of the OTHER. We send this out as a "CANCER PACKET." If you like a particular one = we give you the Reference. WRITE for a COPY and PERMISSION. Today all across America = small Newspapers and Print Shops give you a surprisingly LOW PRICE to "XEROX" copies. You can do this so it does not cost you 1¢. TITHE IS FOR THE LORD'S WORK. If the Minister does not do it - you do it. Write your own Paper to go along with it = get your own Mailing List. Make 1,000 Re-Prints and send us the ones you have left over. HOLD MEETINGS IN YOUR HOME = on Health - set up an IACVF "CHAPTER." HEALTH and RELIGION go together. NATURAL REMEDIES are the RIGHT ARM. If you have FUNDS that DAVENPORT did not get - use that. You CAN afford it! [Dare to hand them out in Church!]

ASHAMED? Let THEM be ASHAMED! It is far past Time to put the Shoe on the other Foot. Do something, and do it now. WRITTEN IN 1900 = 40 years AFTER the Church was ORGANIZED! = "MEDICAL MISSIONARY WORK... To those who have been engaged in this Work I would say: CONTINUE to work with tact and ability. AROUSE your Associates to work UNDER SOME NAME whereby they may be ORGANIZED!" T6:267,80,116,139,263,332.

"Much more can be done where there is NOT=ONE=ADVENTIST. NEW fields should be entered; and the Time that has hitherto been spent in wearing labor for Adventists who have no wish to learn should be devoted to these NEW FIELDS... If Adventists will come and hear, let them come. Leave the way open for them to come if they choose." T2:711,376,552-3. FCE 294. T5:461-2. (But not many will choose. IGNORE THEM!)

LAST MINUTE NEWS

FROM A WOMAN HEALED OF CANCER BY THE KELLEY TREATMENT: The new Kelley Book, the end result of YEARS of joint Research = get your Health Store to carry it. EDITOR: FRED ROHE! "METABOLIC ECOLOGY" - \$6.95 delivered. Wedgestone Press, PO Box 175, Winfield, KS 67156. MORE DETAILS FROM: International Health Institute, Winthrop, Washington. 98862.

(If you are a "GOOD" Adventist = be sure and send a DOUBLE OFFERING to LLU for the LAWYERS penned up there to take these people TO LAW! The Lord is going to RATTLE=THE=TEETH of these PHONEYS! Read it in T5:211-2. "Here we see that THE CHURCH - the Lord's Sanctuary - was the FIRST to feel the STROKE of the WRATH of God. The Ancient men... THESE DUMB DOGS that would not Bark... all perish together!... Their wicked course He will tolerate NO LONGER, and in His WRATH He deals with them WITHOUT MERCY!" (They showed NO MERCY - so the Law above all Laws = the LAW of KARMA=RETRIBUTION = "As ye DO unto OTHERS = SO shall it be done to you again." "Good for Good = and Evil for Evil." "Full measure, pressed down, and running over.") "THE SEAL OF GOD will be placed upon the Foreheads of those ONLY who Sigh and Cry for the ABOMINATIONS done in the Land... May God help His people now." T5:212-3.

FROM ANN DeMICHAEL: "EYDIE MAE" = "HOW I CURED CANCER NATURALLY" = \$2.95. 5 for \$13.25. 10 for \$25.00. (KNOW what is done with your TITHE - send us 100 for \$205.00. And may God bless you as you do. SPEND GOD'S MONEY FOR GOD'S WORK! See the CONSTERNATION in the Ranks of the MONEY-GRUBBERS as they rush To and Fro = trying AGAIN and AGAIN to put a Stop to the Spirit of Prophecy modulations - done by "OTHERS" = "The Lord chose OTHERS... And then these Leaders, in the BLINDNESS of their minds... act like men who have LOST=THEIR=REASON!... so filled with PREJUDICE and HATRED that they could hardly be RESTRAINED!" TM 70,72-3.

DO YOU LIKE THE TASTE?

"It seems that FLOURIDE TOOTHPASTE discourages more than cavities. Standing on the porch of my remote Alaskan home one morning, brushing my teeth, I impulsively spit some of the foam on a passing Ant. To my astonishment, the insect twitched and died on the spot!

"Well, I must have been meant to find that out. Last summer my back room was invaded by Army Ants (the critters were actually eating into the wood) and I had no Ant poison, so I just stirred a four-inch ribbon of Crest into a cup of water, poured the mixture into a handsprayer... STOPPED THEM IN THEIR TRACKS!" p.1. "VIEWPOINT ON NUTRITION" = NEWS-LETTER PO Box 5251 Youngstown, Ohio 44511 ("MOTHER EARTH NEWS" = Nov - Dec 1981) (14=

ENZYMES

I thought I was finished with this Paper = but my Neighbor = a Scion of the Russian Dukhobor Dynasty = an intense Student of Natural Living = reminded me of something that I must add in these following 2 Pages. The Role of Living Enzymes.

IN A LECTURE

in the Civic Auditorium in Vancouver, BC - some years ago = we heard the largest Distributor of "VITAMINS" = and were stunned at his first words: "No one knows what a Vitamin is! It is like Electricity = no one can describe Electricity. They know what it will DO = they can measure it's POWER = but they cannot describe what it IS." At once I Theorized that a Vitamin IS ELECTRICITY.

At least it is one of the ingredients needed to make ELECTRICITY. All Life is dependent on ELECTRO-CHEMISTRY. Positive and Negative Forces. COAL TAR DEADENS electric impulses by the very Fact of "CURING" a Head-ache, by what has often been described as "CUTTING THE WIRES" that Ring the Alarm Bells = the FIRE has not been PUT OUT = only the ALARM WIRES were cut. So the Brain fails to get the Alarm Signal. That is why we re-printed "DISEASE and it's CAUSES" = "The DRUGS given to **STUPEFY**, whatever they may be, DERANGE the NERVOUS SYSTEM. An EVIL...made TEN-FOLD WORSE by DRUG-POISONS." DC 62. SM 2:448.

"Whatever hinders the CIRCULATION of the ELECTRIC CURRENT in the NERVOUS SYSTEM. thus WEAKENING the VITAL POWERS and lessening mental suscepti-bility, makes it more difficult to AROUSE the MORAL NATURE." EDUCATION 209. T2:347,428.

THE VICIOUS CIRCLE = that is going to pick up Tempo in the coming Days.

- (1) Abuse the ELECTRIC GENERATING PLANT = now referred to as the "ENDOCRINE SYSTEM" = the Science of the Function of the GLANDS that supply the SECRETIVE JUICES for DIGESTION.
- (2) The HUMAN = tied to TRADITION in RELIGION and MEDICINE = builds up the mighty COAL-TAR INDUSTRY = "ERSATZ" (Fake) Medication. "I was shown that MORE DEATHS have been CAUSED by Drug-taking than from ALL-OTHER-CAUSES-COMBINED...MULTITUDES of PHYSICIANS, and MULTITUDES of DRUGS, have CURSED the inhabitants of the Earth, and have carried THOUSANDS and TENS OF THOUSANDS to untimely graves." SG 3+4. (Center HEALTH SECTION) 133.
- (3) Trying to restore the ELECTRICAL POTENTIAL that has been WEAKENED or DESTROYED = what is now called: "HOLISTIC MEDICINE" = if you have a FORTUNE to spend = you might try various Centers set up. IN THE WEST = the KELLEY Metabolic Ecology. IN THE EAST = the MANNER Metabolic Foundation, 518 Zenith Dr., Glenview. ILL. 60025. (312) 299-7180. (Ask them for BOOKS and LITERATURE to see if you are brave enough to TREAT YOURSELF. Few can do that unless they have a HELPER to Co-operate fully. A rare Blessing!)
- (4) Some will lose their way by going to Satan's false "HEALERS" = "SPIRITUALISTIC MEDIUMS, the CLAIRVOYANTS, and FORTUNE-TELLERS of to-day. The MYSTIC VOICES that spoke at ENDOR and EPHEBUS...SECRET ASSOCIATIONS and SEANCES...SORCERERS...While they speak with SCORN of the MAGICIANS of Old, the great Deceiver laughs in triumph as they yield to his arts in a different form. HIS AGENTS still claim to CURE DISEASE. They profess to employ ELECTRICITY, MAGNETISM, or the so-called "SYMPATHETIC REMEDIES;" but in truth the MAGNETIC POWER of which they boast is directly attributable to the SORCERY of SATAN. By this means he casts his Spell over the bodies and souls of men. ..to inquire of BAAL-ZEBUB, the god of Ekron... "Have no fellowship with the unfruitful works of DARKNESS, but rather REPROVE them!" SOP 3:426-7. T5:193. Ev.609. (Much the same = PK 210,211. But they LEFT OUT from the ORIGINAL = -RH-A6:397. Jan. 15, 1914 = "...more PLEASING forms of SPIRITISM, such as the EMMANUEL ("YAHWEH") MOVEMENT (SEE-LIBRARY!). Still others are led astray by the Teachings of CHRISTIAN SCIENCE, and by the MYSTICISM of THEOSOPHY and other ORIENTAL RELIGIONS."... placing it as verily in the hand of Satan as if he were standing by her side."

This will sweep the Adventist Church as the "SEALING" takes place. SM 2:51-54,95,100,24. MM 88. "This is MURDER, actual MURDER." MM 139,222,229. It is Time for God's people, not just to know how to CURE CANCER and other DEGENERATIVE and CUMULATIVE DISEASE = but far more Important = how to PREVENT it. How to keep from STARVING on a FULL STOMACH.

- (A) Cleanse the VILLI of the BURNT GREASE from the Old FRYING PAN.
- (B) Quit making ROASTS of NUTS. Does ROASTING improve their FLAVOR? Or does it only KILL the ENZYMES? LIVING SPARK meant to IGNITE the ENGINES OF LIFE. (PEANUTS are not a NUT = they are of the LEGUME FAMILY. And should, perhaps be lightly roasted.)
- (C) What can we learn about "METABOLIC THERAPY" as it applies to daily Life? Let us Hope that a "Word to the Wise" is sufficient.

CHEMICAL ANALYSIS.

A Chemist took the Formula for Sea-Water and carefully mixed up a Batch. Home-made "SEA-WATER"=made to Order. He put Sea Water Fish in it = and they DIED! So he rolled up his Sleeves = re-made the Sea-Water with all the care he could muster = he put FISH in it, they turned up their Toes = and DIED! Then he had an Inspiration = he put ONE DROP of real Sea-Water in it = and the Fish - LIVED!

What does that Prove? CHEMICAL ANALYSIS too often ignores, or has no way of Testing = the LIFE-ELEMENT! LIVING ENZYME ELECTRIC SPARK. The Scots = known as hardy Stock = would cook "ROLLED OATS"=and they did not know WHY they did it = they did it because it was the Custom = they would throw in a hand-ful of RAW OATMEAL and stir that around = BEFORE they would serve it. THE SPARK OF LIFE = that would LEAVEN the whole Lump. THIS is the Function of ENZYMES. [ENZYMES: how about RAW PINEAPPLE=PAPAYA=LEMON?]

The MANNER=KELLY "METABOLIC" readings, I believe it is the determination of BLOOD TESTS, a Lady informed me = 57 Functions of the GLANDS = whether you are ACID or ALKALINE =and a Diet to fit the needs of your "METABOLISM." Strict Vegetarians are prone to fail = especially if they use MORE SUGAR than ever before. And have not learned to use RAW NUTS or "PEA-SOUP"=to replace and surpass the MEAT. (Never tasted a better ROAST than a PEA-ROAST. Keep it on the DAMP SIDE = not too DRY. ADD some WHEAT GERM. Want it to TASTE like MEAT? Use TOMATOES for COLOR = and CELERY for the MEAT FLAVOR. Let us know how you make out! Do not forget SUNFLOWER-CHIA=SESAME=POPPY=FLAXSEED.) [First cook PEAS + BARLEY].

SEEDS are the BATTERIES of LIFE. LOADED with ENZYMES. (If you do not Kill it.) The Canadian Government high-lighted the SUPERIORITY of "WATER-LESS" Cooking. And the REAL CRIMINAL ACT = of women cooking Potatoes and pouring the WATER DOWN THE DRAIN! The most easily SOLUBLE MINERALS are the EASIEST TO DIGEST = and they pour these away! Just how STUPID can you get? Old-Fashioned Women used to save the water for BREAD BAKING.)

A wonderful Lecturer on the West Coast said: "*Ladies! do not Poison your Husband, they might catch you! But you take Potatoes = peel them. All the MINERALS lie under the peeling - about an 1/8th of an inch. So peel them THICK = so you have nothing left but PURE STARCH. Then COOK them with lots of water. (Or call it BOILING.) Then, in case there is any life left = POUR the water down the Sink! Then MASH them real good = and add GRAVEY, that is derived from the French word - "GRAVE-YARD"=and you will get your Husband, sure as Day! and NOBODY can accuse you of MURDER!*) This is a Free Course on how to get Rid of your Husband.

ENZYMES.

In the search for ENZYMES = we have become so Pill-Oriented that we fail to see the obvious. TOBE SAID that RAW FOODS carry their own ENZYMES. "*Procure those articles of Food that are best for making STEAM to run the LIVING MACHINERY.*" MM 79,80. "*This is the first duty of every Student...A disordered stomach means a disordered mind.*" MM 80. "*ADULTERATED SUBSTANCES are to be AVOIDED.*" CDF 85. "*..eat only those things which the abused Stomach can and will ASSIMILATE.*" MM 225,273. CDF 386.

RAW FOODS?

"*The large amount of COOKING done is not at all necessary.*" CDF 259. "*PRESERVE the HEALTH and INCREASE the STRENGTH by AVOIDING the large amount of COOKING that has filled the World with chronic INVALIDS.*" T7:135. (Try to find THAT in ANY INDEX!)

DIGESTION

The breakdown of Food starts in the Mouth. A Dog will gulp meat down. That same Dog will CHEW and CHEW and CHEW on Bread. SALIVA contains a most important ENZYME (PTYALIN)=that digests CARBOHYDRATES which forms the greater portion of our Diet. STOMACH JUICE (GASTRIC) contains HYDROCHLORIC ACID (PEPSIN and RENNIN.) The first two digest PROTEIN. RENNIN curdles MILK. The FIRST PART of the INTESTINE (DUODENUM) (9 inches long) = this section secretes a HORMONE (SECRETIN) = taken by the BLOOD to the PANCREAS and LIVER and stimulates THEM into action. The PANCREAS secretes 3 ENZYMES (TRYPSIN=AMYLOPSIN=STEAP SIN) the LIVER secretes BILE through a Tube ("COMMON BILE DUCT") into the FIRST part of the Intestine or DUODENUM. The Food is promptly attacked here by the ENZYMES.

The rest of the SMALL INTESTINES are about 20 feet long. PROTEIN is broken down into AMINO ACIDS = FAT is EMULSIFIED into GLYCERIN and FATTY ACIDS = STARCHES are converted into SUGARS. A CHURNING or RHYTHMIC ACTION in WAVES and FOLDS and VILLI take up the FOOD VALUES into the BLOOD. This is DIGESTION. The COLON is 5 feet long. (16-

(This is a "CANCER PACKET"=make your own Re-prints by writing for PERMISSION. Use TITHE.)

BACK TROUBLE.

I just saw a Case of Back-Trouble = so I thought I just have to add this to the Record. I do not care about Writing to one = OTHERS should know also. A BACK-CASE is one of the Worst things you can have. Women will say: "What a Strong man! I see nothing Wrong with him!" In other Words = he may be faking it.

I had my Brother tell me = a man who for Years sat on the Streets of Vancouver, with a Sign that the Compensation Board had gypped him. I heard they made a "Cash-Settlement" with him so he could start a Business = and he went on a glorious Drunk = and the Money was gone. Thus making it harder for other men to get a "Cash-Settlement."

Whether this is so or not is beside the Point just now. My brother's beef was that some men kept on Teasing him = that there was nothing "Wrong" with him = got him so Mad = that finally he got up and took after them. And so, naturally = "HAR! HAR! HAR!" = that PROVED there was nothing Wrong with him, he was just faking it. I told him I could well understand how that could happen = he could, for the Moment = take off and maybe catch one of them and Beat him up = but did anyone follow him around and see him DOUBLED UP for a MONTH LATER? That "PROVED" a Cold Clear NOTHING!

MY SISTER saw me in the Hospital = I could barely creep around for 10 Days or more = and she saw me reach far out for something = the first time I could have done this, I partly did it for her benefit = so she would have something to talk about = and I saw her Wink at another Woman - "SEE!" he is FAKING it! I knew that NOT ONE OTHER in that Ward = thought so. They KNEW what I went through Day after Day.

Far better to have a broken LEG or ARM = everyone can SEE THAT = and SYMPATHIZE. But they cannot see a broken Back. Even the PHYSIO-THERAPYSTS = who put you through those CRAZY BENDING-TWISTING EXERCISES = I thought perhaps it is to find out just WHAT is the CONDITION of your Back = but no. If you IRRITATE your Spinal Cord so you get the same as a "SHELL-SHOCK" condition = the IRRITATION goes up to your BRAIN = just like SHELL-SHOCK = so you can go out and have a CAR-ACCIDENT = because you are in SHOCK = the perfect way to ABUSE the SPINAL COLUMN SHEATH and RADIATE into the BRAIN =

And when you REFUSE to do those CRAZY TWISTING EXERCISES = the DUMB "KNOW-IT-ALL" so-called "NURSE" = puts you down as a MALINGERER. And she wants to have NOTHING to do with you any more. Good thing I had a Japanese Doctor who gave ORDERS not to make me do ANYTHING I did not want to do. Which would only compound INJURY on top of INJURY.

So when I saw this man try to get out of his Car, and have to use his hands to put his feet out = it reminded me when I had to beg other men to Park my Car. While driving you can have, what you IMAGINE is a modicum of Relief = it is when you try to get OUT = or try to get UP from a SOFT SOFA = that you are in real Trouble. Half PARALYZED. People trying to help you = usually only make it Worse. Unless you do EXACTLY what he tells you to do. In most cases = do not touch him. Let him PULL himself with his own Hands. The Best you can do is stand there like a Post. Just hold your hands out to him but do not PULL! Unless he tells you how. Putting your hands under his Arms and lifting him, may be the WORST thing you can do. It seems so natural = but it HURTS. It is exactly the same as a Dentist running into a RAW NERVE. This is NERVES = the main NERVE of the Body = the SPINAL NERVE SHEATH. INFLAMATION there can RADIATE into the Brain. Causing an actual Swelling. One Nurse in California = after a Post-Mortem revealed he had CANCER developed in that IRRITATED condition = was weeping for years later that she had not understood or appreciated what he must have gone through. That was too late.

A Rich Woman in Vancouver, BC who does not want her name advertised = was taken by Stretcher to the HOXSEY CANCER CLINIC years ago=X-Rays showed two Vertebrae missing = walked on the Platform of a Natural Healing School Meeting - a Modern Day Miracle - two New Vertebrae had grown in. This should be known around the World. Every Adventist Church has seen MIRACLES of Healing by Natural means. It only makes some Doctors so Mad they could chew Nails. God is Alive and well in His Heaven above. In the MH PLACE! EW 254-6.

He may not have a "SLIPPED DISC" = a Chiropractic Adjustment may only do good if he finds the right Chiropractor. He may have a "RUPTURED DISC" = the semi-fluid may have been squeezed out doing 2 things. (1) HARDENED and JAGGED and TEARING at the Spinal Sheath. (2) Closed in, plus a swollen SPINAL SHEATH = it is CLAMPED IN and CHOKED..... (17-

(You must have a Bed that does not SAG = yet has SOFT SPRINGS = this is your Life!)

STEAM-BATH and SWEDISH MASSAGE.

The Best Adjustment I ever had = the area can be relaxed by HEATED SAND BAGS = STEAM-BATH or HEAT-LAMPS or ELECTRIC PAD = and then the SPINAL SHEATH = CHOKED OFF but having CREPT ALONG and now on TENSION = a Trained MASSEUR can PULL on the NECK = let the VERTEBRAE find it's own natural place = but what is largely UNKNOWN = that SPINAL SHEATH can MOVE! CLAMPED and on TENSION = can be released and MOVE! and RELAX! The TENSION gone. You have never had a Spinal Adjustment until you have had one like that.

HEAT. By these DIA-THERMY ELECTRIC OSCILLATION MACHINES = is a Temporary Band-Aid. The same thing and better = can be done with an ELECTRIC MATTRESS FULL-LENGTH PAD = (now again available from SEARS or WARDS) = get one with DUAL CONTROLS so if you burn out one Side you can use the other. (They can also be repaired.) One of the best all-around Health-Aids to aid DIGESTION=ARTHRITIS=HEART-TROUBLE=COLD FEET. A trained DIA-THERMY Machine Operator-Masseur told me all you can do is bring them to a SWEAT. You can do no more. Turn your MATTRESS=WARMER fairly HIGH - it takes about an Hour. Then turn it on LOW for the Night. After a while you will find the Setting where you just leave it all Night = this is INFRA-RED HEAT = I would be six-feet under if I had not burnt them out by the Dozen. An AID to METABOLISM. HEAT goes UP. An ELECTRIC BLANKET will not do unless you put it UNDER you. You can fry eggs on Top = it will not do = it must be from the BOTTOM. HEAT does not go DOWN = prove this in the Super-Market and OPEN TOP FRIDG.

TRAVELLING. You may be able to get by at Home without it = but for TRAVELLING you MUST wear a BELT. Not the HORSE HARNESS type the COMPENSATION BOARD gives you = the Best one proven for Ages = is a Woman's full body Corset. You can also get a good man's BELT = from SEARS. Or WARDS. Must be MORE than 14 inches long. Otherwise it can do you actual HARM. SQUEEZE a SAUSAGE with your hand = what happens? It pops out from both Ends. This is what you want = a properly fitted BELT or CORSET = takes the WEIGHT OFF that Spinal area. It also stiffens your BACK. And if you are Travelling - you will be forced to SIT a great deal. This BELT will help for that also. (Ask for an ARM-CHAIR.)

BUT DO NOT BE SQUEAMISH. And ACT like a WOUNDED BEAR. Because you ARE a wounded Bear. No need to make a Big Deal out of it - they will UNDERSTAND. Just ask to LAY DOWN on the FRONT ROOM SOFA. Then you can TALK and ENJOY yourself. And let others enjoy themselves also. TAKE OFF YOUR SHOES - RELAX. And let others relax also. If you lay down on the Bed in the Guest Room - ask the Lady of the House to put a BLANKET on her BEST BED SPREAD. If it has POM-POMS = ask her to take it off. She will appreciate that. Or she might act like a WOUNDED BEAR! RELIEVE your SPINAL NERVES and you relieve TENSION all around. Some one with Understanding should explain this for you. There are 3 MUSTS:

- (1) Wear a proper ORTHOPEDIC BACK-SUPPORT. At least for TRAVELLING.
- (2) ELECTRIC INFRA-RED HEAT clear down to your Toes = clear up to your Shoulders.
- (3) RELAX! Lay down every chance you get. SITTING is MURDER. Any good ORTHOPEDIC SURGEON will tell you the WORST thing for you is SITTING. I have to sit for HUNDREDS of HOURS preparing these Papers. How do I get by? The Govt. here allows FREE CHIROPRACTIC TREATMENTS for about \$180.00. I added \$200.00 a Year of my own Money. Now I do not pay 1¢ to CHIROPRACTORS or MASSEURS. How do I get by?

BOUNCERS. BETTER THAN JOGGING. BUD and VIOLET SHUSTER, RD #1, Box 157A, HOMER CITY, PA. 15748 = convinced me to get a 39 inch (32 Spring) "BOUNCER" = write to them. You should get a Book on the Subject. I cannot give you the Address - because they do not Answer. I hope the damned "LAW" did not "GET" them on some TECHNICALITY. Since so many BOUNCERS have been Sold by this Time = you should watch the ADS for one. Or you advertise.

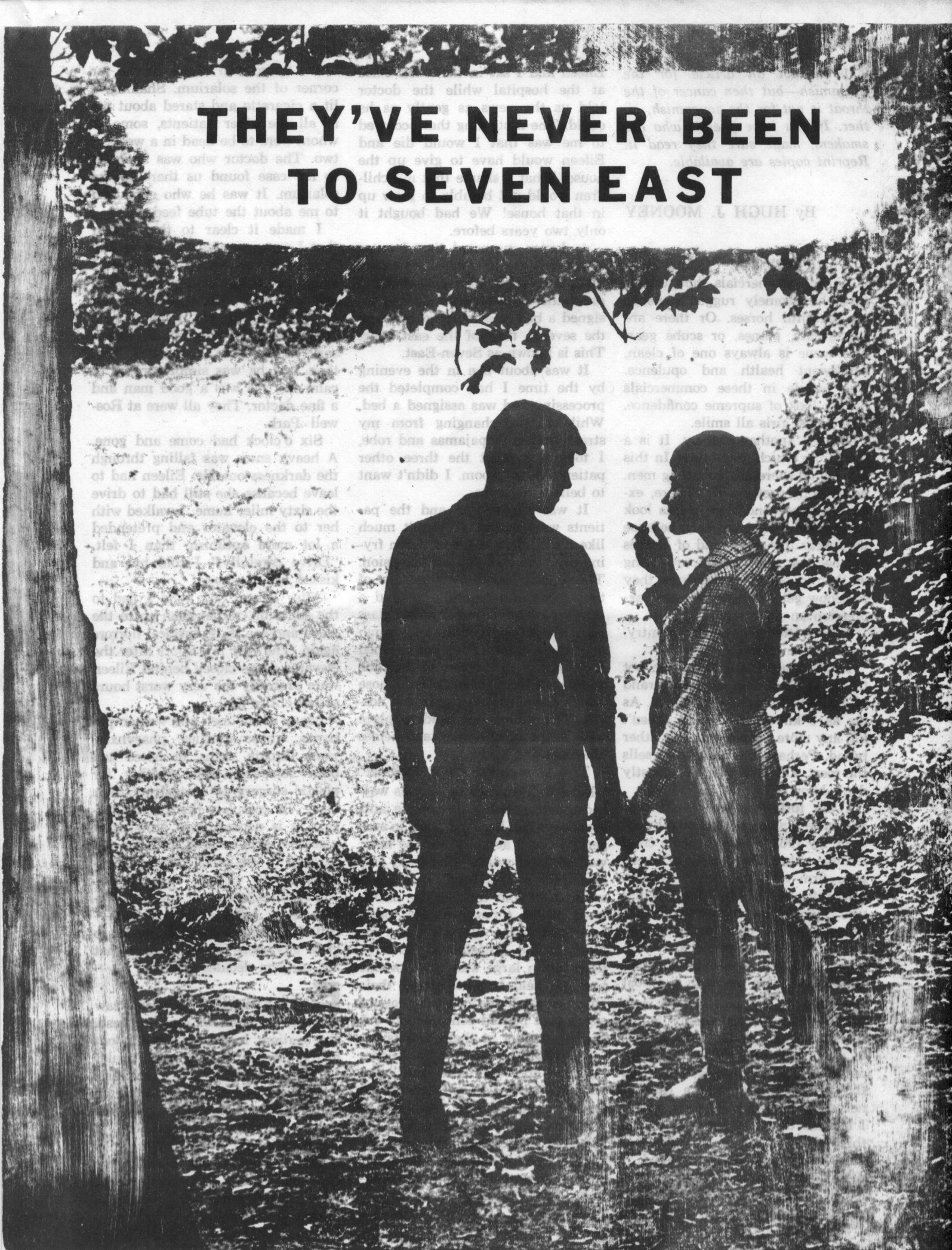
FOR BACK CASES = for CANCER = for ARTHRITIS = should be the best thing you ever bought. Your body actually in SUSPENSION = all your Organs AFLOAT = your BACK also = should RELIEVE CONGESTION = give you a good Shaking-up something like Riding a Horse = NANCY GREENE - World Famous Canadian Ski-Champion = recommends it. They call it "SUN-DANCING"! She has a Lake named after her - not far from here.

I hope you appreciate these extra 2 Pages. I hope, any RACKETEER seeking to "PROTECT" his "THIS OUR CRAFT IS IN DANGER" = will DROP DEAD as did NICHOLS = on a very Good FRIDAY. What you have here is BIBLE - it is TESTIMONIES - it is NATURAL = it is COMMON-SENSE. It relieves us from the SLAVERY of DRUGS and the DRUG=CULT. God calls us out of SLAVERY and out of the "SNARES OF SATAN!" 1884 GC 337. (4 pages LEFT OUT of your GC 518.) (18-

(You must have the Bed to yourself. Try ball on your Face with your legs.)

THEY'VE NEVER BEEN TO SEVEN EAST

By HUGH J. MOONEY



This is not an article for the squeamish—but then cancer of the throat is not for the squeamish, either. If you have friends who are smokers, make sure they read it. Reprint copies are available.

By HUGH J. MOONEY

IN CIGARETTE COUNTRY, television commercials show two or three handsomely rugged cowboys on beautiful horses. Or there are sports cars, planes, or scuba gear. The scene is always one of clean, windswept health and opulence. The people in these commercials have a look of supreme confidence. The lovely girls all smile.

I know another country. It is a land from which few return. In this sad region there are no strong men, no smiling, pretty girls. There, executive types and store clerks look very much alike, not only because they wear the same kind of clothes but because when people are living on the raw edge of a thin hope they somehow get the same haunted expression on their faces.

I am referring to cancer country. I have been there.

Please understand that I am not trying to single out any one brand of cigarette for special criticism. As far as I know, one brand doesn't kill any more people than any other brand. Perhaps the brand that sells the most, kills the most. I honestly don't know.

I am forty-four years old now and have a wife and two small children. By 1963 I had reached a comfortable salary level with an insurance firm and the future seemed bright for us all. In May of that year I developed a slight difficulty in swallowing. Our family physician said that if it persisted for another week he would arrange an appointment for me with a throat specialist. It did persist. The specialist diagnosed it simply as "a case of nerves," a diagnosis he was to reaffirm in October of 1963. Finally, in January of 1964, convinced that it was more than a case of nerves, I entered a hospital, where I learned that I had cancer of the throat.

Although I hadn't discussed it with Eileen, my wife, I had secretly feared what the diagnosis would be.

Eileen and I sat in the small office at the hospital while the doctor told us the news as gently as he could. The first thing that occurred to me was that I would die and Eileen would have to give up the house. What a shame that my children would not be able to grow up in that house! We had bought it only two years before.

A doctor suggested that I enter a well-known New York State hospital. Two days later Eileen and I drove there. I was admitted and assigned a bed in a four-bed room on the seventh floor of the east wing. This is known as Seven-East.

It was about five in the evening by the time I had completed the processing and was assigned a bed. While I was changing from my street clothes to pajamas and robe, I took a look at the three other patients in my room. I didn't want to believe my eyes.

It was supertime and the patients were eating. It wasn't much like the outdoor scene of bacon frying over the campfire on television. These men stood by the side of their beds and carefully poured a thin pink liquid into a small glass tube. Then they held the tubes high over their heads. The fluid drained down out of the bottom of the tube through a thin, clear plastic hose which disappeared up into one nostril. The tubing was held in place with strips of adhesive tape across the nose.

This was called "tube feeding," I learned. They had to eat this way because throat, mouth, tongue and esophagus had been cut away in surgery. I could actually see the back wall of their gullets—the front and side walls having been cut out for a length of four inches. The entire front of the throat was laid open from just below the jaw down almost to the breastbone. Each of them had a large wad of absorbent bandage held in place under their chins to catch the constant flow of saliva that poured continuously out of the opening in their throats.

The sight of these tube feeders shocked and depressed me more than anything else since the day I learned I had cancer. As soon as I was changed I rushed back to the solarium where Eileen was waiting for me. She too was numb with horror at some of the sights in Seven-East.

We found two chairs in the far corner of the solarium. Shaking, I lit a cigarette and stared about me at all the other patients, some of whom were to be dead in a week or two. The doctor who was assigned to my case found us there in the solarium. It was he who explained to me about the tube feeders.

I made it clear to that doctor that I never wanted to become like those other patients. I said that I would rather die than be cut up the way they had been. He told me not to think about it; perhaps such drastic surgery wouldn't be necessary in my case. I realized even then that he was simply trying to calm me. He was a good man and a fine doctor. They all were at Roswell Park.

Six o'clock had come and gone. A heavy snow was falling through the darkness outside. Eileen had to leave because she still had to drive the sixty miles home. I walked with her to the elevator and pretended a lot more optimism than I felt. "Drive carefully," I told her and kissed her good-bye.

After Eileen had gone I fled to the solarium, rather than go to the room and see those surgical horrors again. The first few hours after the elevator doors closed behind Eileen were probably the very worst hours of my entire life.

Many of the men and women patients, whose tongues, pharynxes, jaws, throats, chins, or noses had been removed, were waiting for plastic surgery to reconstruct their faces. To complete this plastic surgery it is necessary to grow extra pieces of skin-covered flesh for the surgeon to use in attempting to rebuild their faces and necks. Through some sort of surgical miracle these extra pieces of flesh—called *pedicles*—can be made to grow anywhere on the patient that the surgeon decides is best.

EVERYWHERE I looked I saw these extra blobs of growing flesh. One patient had flesh growing out of the side of his neck in a tubular U, like the handle on a suitcase. Another man had one growing on his shoulder. The effect upon me was one of shattering shock. One of the men in my room had grown a pedicle from his back between the shoulder blades, and this piece of flesh covered with pink baby-like

skin curled over his right shoulder and attached to his throat just beneath his chin. It must have been at least eighteen inches long, a solid tube of flesh about five inches in diameter at its base and about two inches where it attached under the chin.

I was torn between horror and pity. What might I look like soon? I reminded myself that the doctor had said surgery might not be necessary. It was at this time that I started to develop the habit of keeping my eyes on the walls, the TV set, the floor, anywhere but on the head, face or neck of any of the patients.

In the solarium the television set was on, and the cigarette commercials droned along, telling the viewers of the wonderful taste of their product. But these people who had smoked all their lives could not now appreciate any cigarette's taste. They could no longer taste anything. Their food was poured through the plastic tubing, into their noses, and down into their stomachs. There are no tastebuds in plastic tubing.

You have probably noticed that all the people in the cigarette commercials have wonderfully appealing voices, young and vibrant. The various patients here, who had been smoking since before the young people in the commercials were born, did not have very nice voices. In fact, many did not have any voice at all. Their vocal cords had been cut away. These voiceless wraiths carried pads and pencils in order to communicate. It was eerie, seeing a room filled with patients and not even a murmur of conversation.

Finally, when the lights were turned off in the solarium, I had to go to my room. The lights had been turned off there, too, and I was glad to climb into bed in the darkness.

The next morning I was taken down to the operating room for a bronchoscopic examination. This is very much like sword-swallowing. You tilt your head back as far as you possibly can and open your mouth just as wide as it can open. The doctors then slide a rigid metal tube through your mouth and throat, all the way down into your trachea or windpipe. Your gag reflexes go crazy trying to eject this

tube and you find that it is completely cutting off your supply of air. All this time two or three doctors are taking turns looking down through this pipe inside your throat to see whatever there is to be seen. Someone is murmuring, "Now just try to relax. You really can breathe!"

From time to time it seems advisable to the doctors to take a specimen sample for a biopsy and they lower something down the tube that snips off a specimen of flesh here and there. Actually, in spite of the reassurance, I *did* pass out from lack of air during that examination and came to on my bed back in Seven-East. I was told not to eat or drink anything and to remain in bed for at least two hours. Since smoking is not allowed in the rooms, I waited just two hours, then hurried out to the solarium.

Young people today are great believers in realism. It might be interesting if some advertising agency were to show a patient who has lost his throat to cancer caused by smoking. He could do the cigarette commercial. They could choose a man who is growing one of those fleshy trunks or pedicles. There would be realism! The camera could slowly pan around the room, showing all of us still faithfully smoking brand X or brand Y (if we still had a complete mouth to put a cigarette into). They might even show the one total addict I met who smoked by holding the cigarette to a hole in the base of his throat. This hole led into his windpipe, through which he breathed air into his lungs. All this might not move the product, but it would be very dramatic.

In an effort to save my voice, which was so important to my work, it was agreed that radiation would be tried in an attempt to avoid any radical surgery. The doctors warned me that there was only a slim chance that the radiation would be entirely successful and that surgery might still be necessary. However, it was at least a chance to save my voice and avoid being cut up like the patients I saw around me and I seized it.

The radiation treatments were not effective.

In August of 1964 they told me

I would have to undergo surgery.

The night before the operation, knowing I would never speak again, I tried to tell Eileen how much I loved her and the children. She was very brave. The next morning, shortly after seven, I was on my way down to the operating room. I remember saying a prayer and repeating the name "Jesus" over and over. It seemed somehow right that this should be the last word I would ever speak.

Eleven hours later I was brought back to my room. Except for one hour in the recovery room, I had spent all that time on the operating table. The next day I learned that the surgeons had felt it necessary to remove my larynx, my pharynx, part of my esophagus and a few other random bits and pieces. I was now one of those "surgical freaks" whose appearance had so shocked me some months before. Now, I too was a tube feeder. Any food or liquid that I simply put into my mouth would fall out the gaping hole where my throat used to be. I could never again breathe through my nose or mouth. From this time on I would breathe through a hole at the base of my throat called a *stoma*.

Being a tube feeder and not having any voice, and knowing how odd, not to say shocking, the open front of my throat made me appear, made me feel completely cut-off from all humanity. I felt that I was a mere biological specimen and no longer a member of the human race. It was a difficult and lonely period of adjustment. Eileen came to see me every day, in spite of the distance.

In a letter to my brother-in-law, Tom Donnelly in Port Washington, I tried to tell him about this cut-off feeling of being different. I did not want to say things like this to my wife, but it seemed all right to use Tom as a sort of safety valve.

I enjoyed receiving letters from him. He wrote of all the everyday things—his job, trouble with the car, his children. It helped me to feel that maybe I *was* still a member of the human race. Once he realized how much they meant to me, Tom's response was magnificent. Every day without exception, for months on end, Tom Donnelly wrote a ten- or twelve-page letter to me, in spite of the fact that he

was holding down two jobs. They don't give medals for this kind of heroism.

The big item on Seven-East at that time was what was called a "magic slate." This is a child's toy that can be found in most dime stores. You write on the light gray slate with a dull, pointed wooden stylus. The writing is black. When you wish to write another message, you simply lift the top sheet of transparent plastic on which you have written and the message disappears, leaving a blank slate for your next message. You can imagine that for people with no voices this is a real boon.

Some patients whose throat openings had been closed up were able to use an electronic device that looked something like a flashlight. You held it against your throat and it picked up the vibrations from that section where your vocal cords used to be to produce a tinny, electronic voice which was faint, but understandable.

AFTER the big operation in which so much tissue was cut out, I had eight smaller operations to reconstruct the front of my neck and to close up the gaping hole in my throat. A series of infections hit me after almost every one of the first five or six operations, caused in part by the diminution of the blood supply to this area as a result of the radiation. Don't think that I am criticizing the use of radiation! It was a chance, though a slim one, to save my voice and my business career and I took it. I would make the same decision today.

During some of those post-operative infection bouts I was con-

finied to bed and could not wander out among the other patients. During these sessions I had a rented television set at my bedside to help me pass the time. We all, I must confess, were morbidly fascinated by the cigarette commercials. All the women were young and beautiful, all the men were muscular and handsome. After smoking approximately nineteen thousand packs of cigarettes, I had turned out different from those handsome fellows.

The human spirit is a pretty wonderful thing and it was amazing that the patients' morale stayed as high as it did. One man—his name was Joe—had just about the same operation that I had.

One evening, as we were getting ready to pour in our supper through those plastic tubes, another of those inescapable cigarette commercials came on. It was praising some great "taste" or other. Just at that moment Joe was pouring a dark brown liquid into his tube. Holding the tube with one hand he reached out and scrawled something on his magic slate, then held it up so I could read it.

"Delicious!"

He had been a three-pack-a-day man.

Beside each of our beds was a suction machine. This is used by the doctors or nurses to get bits of dried blood or mucus out of the patient's trachea where they interfere with breathing. It was a horrible sensation. Twelve inches of slim red rubber tubing is thrust down into your windpipe through the breathing hole at the base of your neck. The tube acts as a vacuum cleaner. My reaction to that tube dangling down inside of me was

always an explosive fit of coughing that spewed blood and mucus right up onto the twelve-foot ceiling above my bed. During those terrible fits of explosive coughing and choking brought on by the nurse using the machine on me, I yearned for the moment she decided I did not require any further suctioning. How I dreaded that process!

I was recovering from a bout with the machine one evening when they wheeled Joe's bed back from the recovery room. Two nurses were pushing the bed. Joe had been in surgery all day. He looked dead but he wasn't.

Joe had a rough night. About nine that evening bleeding started and turned his heavy bandages a bright red. The doctors worked on him steadily through the night. Toward morning his heart stopped. One of the doctors applied heart massage but it did no good. Joe had lost his battle.

They don't ride horses or helicopters or sports cars in Seven-East. They ride those wheeled tables down to the operating room and, if they are lucky, they ride them back. I was lucky.

Seven-East is really only a part of the complex. They treat lung cancer on the fourth floor. I thank God that I have not yet had to visit there.

If anyone tells me it hasn't been proved that smoking cigarettes causes cancer, I won't argue with him. The chances are his mind is made up anyway.

If, on the other hand, what I've written here can save even one man, woman or child from the horrors I've known, I'll be content. □

OCTOBER 1967

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Printed in the United States of America

An M.D. Who Conquered His Cancer

Thomas Monte

Just before 9 a.m. on September 25, 1979, the president of Philadelphia's Methodist hospital arrived at his office, put on one of his well-worn scrub suits and prayed to God that his cancer was gone. Then he hurried down the hall to the X-ray department.

Fifteen months before this September morning, physicians had discovered that Dr. Anthony Sattilaro's 48-year-old body was virtually riddled with malignant tumors: The cancer had spread to his skull, right shoulder, ribs, sternum, spine and prostate. The prognosis was that he had about 18 months left to live.

Now, as he entered the X-ray room on this fall day, Sattilaro was praying like a saint, though he was secretly optimistic. He greeted everyone present and watched as the doctors injected into his veins a radioactive dye; then they waited for it to be absorbed into his bones so that the bone scan could be performed. Four hours later, a machine similar to a geiger counter, which detects where the dye collects in the body and thus where cancer cells are located, patrolled his body, following the radioactive pathways of the dye. All was normal. Further tests, including X-rays, confirmed the findings: Sattilaro was clean. There was no cancer left in his body.

The doctors at Methodist Hospital were stunned. Sattilaro had healed himself, not by conventional medical methods, but by changing his eating habits and life style. For the previous 15 months, Sattilaro had been practicing the macrobiotic diet, a regimen composed chiefly of whole grains and vegetables.

The impact of Sattilaro's recovery is still being felt at Methodist Hospital. Several doctors and other staff members at Methodist have already changed their diets. His secretary, Mari Ginniro, is now practicing macrobiotics, as are other staff members. But what is more apparent, according to Sattilaro and the hospital staff, is that his recovery has caused an important reassessment of diet's role in the treatment of disease.

Said the vice president of Methodist Hospital, Dr. John Giacobbo: "Most people at Methodist were convinced that Dr. Sattilaro was going to die. The five-year survival rate for this type of illness is zero. Now, he is completely cured, and I'm amazed. I think the diet did it."

Anthony Sattilaro grew up in Highland Park, New Jersey, and went to Rutgers University in nearby New Brunswick, graduating in 1953. In 1957, he graduated from Hanneman Medical College, went to Hartford Hospital to become an anesthesiologist and then served in the Air Force until 1963. Just before taking over as chief executive officer of Methodist at the end of 1977, he attended the Harvard Business School and

School of Public Health to receive training in health systems management. Sattilaro, a bachelor, has served at the Methodist Hospital for the past 14 years.

To look at Sattilaro today, one is hard-pressed to believe that a little more than a year ago this man suffered three debilitating operations and was given little hope of surviving more than a few months. He looks fit. His 145 pounds are distributed evenly along the trim, five-foot six-inch frame, and his black hair betrays few signs of gray. He is tanned, and in his eyes there is the quality of one who is clearheaded and vital. Lately, his colleagues have been telling him that he could pass for someone under 40.

The story of Sattilaro's battle and ultimate victory over the most dreaded disease in America begins in late May 1978, when, ironically, it seemed his star was reaching its zenith. He had been chief executive officer of Methodist for about six months and was approaching his first major inspection of the hospital, which he expected to pass with colors flying. Everything was in order, he had decided, and it seemed a good time to have a physical examination.

After the tests were done, the radiologist telephoned him to say there was something abnormal in the test results. His X-rays revealed a large tumor in his left side. The following day, Thursday, June 1, 1978, physicians at Methodist performed a bone scan on Sattilaro. The news was bad. There was "infiltration [of cancer] in my skull, my right shoulder, two backbones, probably the sternum and a huge tumor in the left sixth rib," Sattilaro said. It was also discovered that he had cancer of the genital region; doctors weren't sure if it was the prostate or the testicles or both.

The following day was a bright spring Friday, the kind that makes people skip lunch to take walks in the sun and hurry home from work in the evening to putter in the garden. An artist was displaying his work in Rittenhouse Square, a small patch of green amid the highrise apartments of Philadelphia's inner city affluence, that part of town where Sattilaro's own apartment is located. Browsing through the artist's collection, Sattilaro saw what he said was "a magnificent oil of tennis players," which he wanted to buy. However, "Suddenly, my inner voice said, 'What are you doing that for? You're going to die; it's crazy to buy anything.'" Trying to get a grip on his emotions, he hurried away.

The following Monday, Sattilaro admitted himself to Methodist Hospital and Tuesday morning surgeons removed his right testicle; they also performed a transrectal biopsy of the prostate, which amounts to

putting a needle through the rectum into the prostate gland and removing some tissue. The latter procedure left Sattilaro with an infection. ("Inadvertent, of course, but, being a doctor, I *would* get it.") The infection resulted in a high fever, which precluded any further immediate surgery. Meanwhile, the lab tests on the prostate gland came back: The prostate was filled with cancer.

He was scheduled to return to the operating room on June 12, 1978; however, this was Sattilaro's 48th birthday, and in light of this his surgeon postponed the operation until the following day. That day, the staff gave him a party in his room; he spent the day trying to look happy in spite of himself. "I knew the next day was probably going to be a bad one," he said.

On the next day, surgeons put a needle into the tumor in his chest and then performed a thoracotomy, opening the chest and taking out the rib. The rib was then sent to the laboratory, where tests showed that it, too, was filled with cancer. According to Sattilaro, the surgeons had determined that his cancer had spread to other parts of the body and decided to remove the other testicle. That surgery was done the following week. It was his third operation in as many weeks.

Meanwhile, Sattilaro's father lay dying of cancer at Long Beach Island, New Jersey. The father had been operated on that previous November for cancer and in January had a stroke from cancer of the brain.

By June 1978, Sattilaro's father was declining fast. And because of his father's difficult state, Sattilaro did not tell his parents of his own condition. Instead, he said that during June he would be attending meetings in Chicago and that he would see them when he returned. He told his staff to relay the same message to his parents should they call.

He was discharged from Methodist by the end of June, looking every bit like a man who had had three operations in three weeks. He looked ravaged. "About a week and a half after I'd been discharged from the hospital, I remember trying to get a sun tan because I had lost a lot of weight and I wanted to go down to see my father," Sattilaro recalled. When he finally visited his parents, he wore a shirt with wide horizontal stripes, thinking it would make him look heavier. However, the charade was pointless; his father was in such a "terrible state" and his mother was so upset with her husband's condition that they didn't notice that their son was also dying.

By removing Sattilaro's testicles and thereby the source of the male hormone, testosterone, doctors had hoped his cancer would go into remission. After waiting six weeks, it became clear that his condition was not improving and that the treatment would have to continue. His doctors prescribed large dosages of the female hormone, estrogen; the estrogen made him extremely itchy and nauseated and caused him to

vomit and retain fluid. In a matter of weeks, his weight shot up to a rotund 170 pounds. Moreover, the operations had left him in almost constant pain, for which his doctors prescribed a concoction consisting of morphine, cocaine and compazine, which he took orally each day. His physicians then discussed using cobalt for his back. Sattilaro dismissed the idea, however. "I wasn't interested in having any more drugs," he said.

In early August, Sattilaro's father was admitted to Methodist and by August 7 he was dead. On August 9, 1978, the day he buried his father, Sattilaro began his own journey back from death.

The family buried the senior member in a cemetery in Highland Park, Sattilaro's home town. After the funeral, he got into his rented car, drove onto the New Jersey Turnpike and headed for Philadelphia. Depressed and weary from pain, he then did something that was completely out of character: He picked up two hitchhikers.

Sean McLean and Bill Bochbracher, both in their middle 20s and both practicing macrobiotics, were on their way to Charlotte, North Carolina. Once in the car, Bochbracher got into the back seat and went to sleep; McLean sat in front with Sattilaro. Not surprisingly, the doctor proceeded to tell McLean that he had just buried his father and that he himself was dying of cancer. Sattilaro says now that McLean's reply saved the doctor's life. Said McLean: "You don't have to die; cancer isn't all that hard to cure."

Sattilaro laughs now as he thinks about his reaction to McLean's words. "I looked at him," the doctor says, "and thought he was just a silly kid. Here I was, a doctor for 20 years. I knew cancer was very difficult to cure, and we didn't have the answers."

McLean said that if the doctor would change his way of eating, his terminal condition could be reversed. He then pressed Sattilaro to stop at the Philadelphia East West Foundation, which then was housed at Essene Natural Food Store on South Street. McLean wanted Sattilaro to meet some other macrobiotic people, who might be able to help the doctor. Sattilaro bought some bread at Essene and left without speaking to anyone.

About a week later, a package arrived in the mail for Sattilaro with 67 cents postage due. The package was from McLean and inside was a book entitled, *A Macrobiotic Approach to Cancer*. The doctor paid the postage and, lying on the couch at home, stiff with pain, he began to read some of the testimonials in the book.

"I rather pooh-poohed it," he recalls. "Having grown up in science, with the scientific method, you recognize that there are all sorts of claims of cures, and you don't pay much attention to them."

He was about to toss the book in the wastebasket

when his eye glimpsed the name of another Philadelphia physician whose testimonial described her successful treatment of breast cancer through macrobiotics.

After looking her up in a medical directory and discovering that she was authentic, Sattilaro called her home. The woman's husband answered; Sattilaro explained the reason for his telephone call and then inquired about the man's wife.

"She's dying in the hospital," the husband replied.

"Well, you've answered my question," said Sattilaro. "Macrobiotics doesn't work."

"Oh, quite the contrary," the husband retorted. "While she stayed on the diet, she was fine."

Sattilaro then asked him if macrobiotics was worth investigating.

"Absolutely," was the husband's response.

The next telephone call Sattilaro made was to Denny Waxman, director of the Philadelphia East West Foundation.

It was August 24, 1978, when Sattilaro stepped across the threshold of Waxman's house and into a life style that was to be quite different from the one he had led during his previous 48 years.

The two discussed the problems and the 30-year-old Waxman, who had been following the macrobiotic diet for ten years, examined the doctor. Sattilaro was wearing a small acupuncture device on his back in an effort to stave off the pain, which had grown intolerable despite the heavy drugs he had been taking. Waxman said later that Sattilaro was in such pain that he had trouble speaking. Still, he spoke in plain language, Waxman recalled, and seemed surprisingly free of airs for a man of his profession and status. Waxman said he felt sure at the first meeting that Sattilaro could be cured.

Waxman recommended that Sattilaro eat the basic macrobiotic diet, which consists of approximately 50 percent cooked whole grains (brown rice, wheat, barley, millet and others), about 25 percent locally grown vegetables, another 15 percent beans and sea vegetables and the remainder taken up by fish, soup, condiments, fruit, seeds and nuts. However, in light of the doctor's perilous condition, Waxman further recommended that Sattilaro avoid fish, oil, flour products and fruit, at least until he was out of danger. Waxman then told Sattilaro where he could get cooking classes and instruction in the macrobiotic way of life.

"What the hell," Sattilaro said to himself as he left Waxman's house. "I've got nothing to lose; I'm going to die anyway, so I might as well give the diet a try."

As head of a large metropolitan hospital, with its constant demands and busy schedule, Sattilaro was used to getting his food on the run, between meetings, at social gatherings or after a long day. He was a

regular at some of Philadelphia's finer restaurants, and he knew nothing about cooking. Still, he went to Judy Waxman's cooking classes a willing student. Unlike medicine, however, cooking proved an intractable discipline. One night after a difficult day, Sattilaro was in the middle of preparing dinner when the pressure cooker blew up in his face. Shortly thereafter, he accepted Waxman's invitation to eat his meals at Waxman's home.

With Sattilaro close at hand, Waxman could watch the physician's progress, which Waxman later termed "rapid."

"Within ten days to two weeks," Sattilaro said, "the majority of the pain disappeared." He stopped the pain medication completely then; however, he continued taking the estrogens.

Despite the fact that he felt better, Sattilaro was still a disbeliever. "When I came to Denny's house," he said, "I thought that this was the biggest bunch of weirdos I'd ever seen. They were all sitting on the dining room floor, ready to eat with chopsticks. Then they started to pray, and I just thought that this was a bunch of crap."

But the pain was gone. He had been living with this pain for three months, a pain so great that the morphine-cocaine-Compazine cocktails he had been taking could not hold it down. Now, suddenly, after eating at Waxman's house for two weeks, the pain was gone. He stayed.

Meanwhile, his colleagues at Methodist Hospital were dubious or outright critical. Giacobbo, who has been Sattilaro's friend for the past 14 years, said, "When Tony first started the macrobiotic diet, people thought it was some kind of far-out idea. Some people at the hospital thought he was a kook. I told him he was crazy. Pretty soon, though, you could see he was improving mentally and physically."

In the fall of 1978, Sattilaro had a consultation with Michio Kushi, president of the East West Foundation, who further adjusted his diet. "By December," said Sattilaro, "I started to show some good signs." He was feeling stronger, more confident about the possible outcome. That confidence, however, caused a temporary setback.

After his father's death, Sattilaro had told his mother of his own illness; however, he maintained part of the charade by telling her that his cancer was being controlled by therapy. Later, he told her about macrobiotics and she made sure he got a macrobiotic meal when he visited. At Christmas that year he decided to take his mother south for a vacation, and she assured him that there would be fish on the Autotrain they'd be taking. However, when the waiter told him that there was no fish on board, Sattilaro ordered chicken — and immediately became sick. He came back to Philadelphia shortly after, feeling ill and

experiencing severe back pain again, which lasted until after he resumed the diet. From that point on, Sattilaro did not veer from the recommendations Michio Kushi and Waxman had given him.

His condition then began to stabilize. Though he still had not given up the estrogens, the weight they had caused him to gain began to vanish. He dropped down to 136 and eventually climbed back up to his normal 145.

Despite his apparent progress, Sattilaro had admitted to Waxman many times that he was still unconvinced. "There was a great temptation to go off the diet," Sattilaro said. "Everything that I knew in terms of my Western training as a physician argued against continuing to pursue this approach. And yet, what was happening was that I basically had never felt better in my whole life, and it had to be attributed to the way I was eating."

Sattilaro was particularly interested in the sense of well-being he was experiencing; specialists at Methodist informed him, however, that such a state of mind is not normally related to estrogen treatment. Sattilaro concluded that this, too, was the result of his diet.

In the normal course of his work, there were social functions he had to attend. For all of these, Sattilaro brought his own food. Whenever he had business in Boston, Chicago, Upstate New York, San Francisco or other distant places, the Philadelphia macrobiotic community would send him off with a suitcase full of rice balls — brown rice wrapped in nori seaweed and temporarily preserved with a salty, pickled plum in the center — and advice about what to eat in restaurants. At catered affairs, while his fellow physicians were biting into filet mignon, Sattilaro was eating rice and some vegetables which had been sent with him. "Tony was as faithful to his diet as anyone could be," said Giacobbo. "We went to professional affairs together, and while everybody was eating lobster tail, Tony would be eating his foods."

By the spring of 1979, Sattilaro was feeling even stronger and wanted to determine if, indeed, it was macrobiotics that was behind his rejuvenation. He went to his oncologist and discussed going off the estrogens to see what the physical reaction would be. The cancer specialist flatly refused to be a party to such a move and warned Sattilaro about the potential dangers. Still Sattilaro was convinced there would be no adverse effects. Moreover, he felt that unless he went off the estrogen treatment, he would never fully recover.

Finally, by June 1, after another consultation with Michio Kushi, Sattilaro decided to go off the estrogens. During the summer, he continued getting stronger with every week and decided in September to have the bone scan and other tests done again.

Four months after he had quit the estrogens and 15 months after starting macrobiotics, the bone scan and gamma camera showed Sattilaro was totally free of cancer.

Today, Tony Sattilaro sits in his well-appointed office smiling contentedly. It has been two years since he was struck down with cancer. His diet has grown a little wider now: He's eating fruit these days and he's grateful for the pleasure it gives his palate. He talks a lot about appreciating the everyday miracles in life — getting up early to see the dawn, the beauty of a cloudy day. When asked if he thinks his recovery was a miracle, Sattilaro says, "Of course it was a miracle. God directed me to pick up Sean McLean and Bill Bochbracher. There's no doubt in my mind that God has been with me every step of the way."

Giacobbo offers a more cautious answer to the same question. "We're taught to believe that miracles can happen, and I believe a miracle is always possible. But in all my years of medicine, I've seen a lot of people die of cancer, and I haven't seen a miracle yet."

Although the details have not been worked out as yet, Sattilaro is attempting to establish a clinic in some way associated with Methodist Hospital that would use diet as a therapy against illness. However, he says there are enormous legal problems when physicians break with established medical practices in treating disease. "If a doctor is sued for malpractice, who is he going to call as an expert witness that the courts will recognize?" he asks. There are also pragmatic pitfalls. "Usually a patient doesn't stay in a hospital any more than three weeks," Sattilaro said. "It took me 15 months to turn my condition around. What are you going to do with the person who, after eating macrobiotics in the hospital, returns home to a loving environment and takes his first bite of roast beef?" He points out that unless there is a system of paramedical people visiting the homes of those who are ill and who are practicing macrobiotics, there will continue to be an immense danger that such a clinic will fail.

What Sattilaro would like to see are controlled experiments done in institutions, where the patients could be closely monitored. "Then what will happen is that our scientific colleagues can repeat these experiments, and we'll begin to develop a data bank that will support using this kind of treatment on a large scale." Sattilaro is already working with several volunteer patients who have various illnesses, including cancer.

When asked if he would refer terminally ill patients to Sattilaro to be treated with macrobiotics, Giacobbo said, "Absolutely. I wouldn't hesitate to refer a patient to Tony. He's perfectly credible."

Editorial

"They Said I Had No Alternative But Conventional Treatment..."

During almost four years of service with IACVF, I must have heard that phrase at least a thousand times. Some come to us tearful and frightened, others fighting mad, but most go away grateful that we exist and overjoyed that at last they have found someone who will listen to them without the usual attitude toward cancer victims.

Let me share with you some observations we have made over the years which have left us with a poignant sense of duty. For example, should a doctor answer the inevitable question, "How much time do I have?" The logical mind wants to know; however, when given a figure, the patient becomes angry and feels that no person could really predict life expectancy. Our position is that the physician may cause more harm than good by giving the patient a "metered time bomb." It robs the victim of a most needed sense of hope, and he begins to program himself to die as time runs out. This mental programming works on the body cells in a strange way: The cells begin to do as commanded by the psychological state of mind, and a breakdown of the immune system begins to occur. The patient must get back some control of his destiny. With such control comes the hope which resists the general feeling of malaise and helps to regenerate the cell-building cycle. This theory has been proven by such mentalist practitioners as Dr. Carl Simonton and his wife Stephanie.

What about the "isolation syndrome" which occurs after the first surgery takes place? In the hospital, everybody appears jubilant. The nurses are helpful, the doctors think he "got it all," and family members send cards and flowers and exude a high state of expectation. Friends visit often and display their optimism. All this ends as the patient begins his long battle at home with the toxic effects of chemicals and radiation. He begins to throw up often, he loses his hair and his appetite, and he becomes depressed from these iatrogenic causes. His family begins to fear the worst is imminent and the end is near. The long funeral march begins. This fear is carried over to the patient, and he ultimately joins the procession in a hopeless and despondent state. Friendly calls become less frequent, and the "isolation syndrome" sets in. Loved ones, in their desire to adjust to life without the patient, begin to visualize the lonely existence ahead. Fear of impending death becomes an ever-present specter haunting each day and night.

This tragic attitude replaces what should have been the "learning to live with cancer syndrome." Countless cancer victims who have survived and

become paragons of strength often tell me they first learned how to "live with cancer" after meeting with IACVF members. We recognize that the "isolation syndrome" must be replaced by the "living with cancer syndrome" to achieve optimum productivity during the course of the illness. Dying takes no skill at all and it occupies only a small part of life; but living with cancer is the difficult part, and quality of life is more important than quantity. Cancer victors attest to this fact.

Attitudes play such an important role in the pursuit of well-being that we are often astounded by the results of patients who have learned the necessity of a healthy attitude and change of lifestyle for themselves, as well as for those who surround them. They begin to look well and return to their jobs. They are anxious to help others and tell their story. They learn the need for proper nutrition and regain weight and skin color. They want to shout it from the housetops that they have found new meaning to life. They even learn to forgive those who told them they had no other choice but conventional treatment.

What about the second stay in the hospital sometimes prescribed for further treatment? Is nursing care the same? Unfortunately, it isn't. Nurses do not come around quite as often, and they no longer discuss the patient's condition since they believe he is terminal anyway. More whispering takes place in the hall, and the patient knows they are talking about his problem. This is what we call being treated with "the little children's syndrome." This is of course because the patient has been reduced to a child. He looks to his doctor for signs of hope and for the restoration of good health. He believes that the physician and sophisticated scientific procedures will make him well. To compound this syndrome, the doctor usually takes on a paternal posture or, worse, ignores the patient's need for mature communication. To change "the little children's syndrome," IACVF espouses the theory that the patient must find the faith needed for controlling his destiny. He must demand that his doctor communicate with him on a mature level. More importantly, he must look inward to his own resources and pull himself up by his own bootstraps and continually remind himself that he has a right to expect more from life. He must learn to envision himself in a state of good health. If he could "think" himself "sick," then he can reverse that image and "think" himself "well." The founder of IACVF was a terminal, 70-pound cancer victim who was given less than a year to live. She was deteriorating rapidly when

she discovered good nutrition, including Laetrile therapy and the magical force of "thinking well." She abandoned her "little children's syndrome" and became a forceful, determined woman whose energy electrified all who met her. With her newfound surge of good health, she gave birth to the IACVF. She extended her life to almost a decade. The quality of her life was most impressive, and she was still wearing her "combat boots" when she died.

The most eventful observation made by members of IACVF is that all cancer victors have the "rebirth syndrome." Cancer victors are so filled with faith in the Living God that their eyes sparkle and a glowing aura surrounds their countenance. In the vernacular of our young friends, they are so "together" that they are a perfect definition of "whole" or "wholistic." Their example of the healing of body, mind, and spirit bears testimony to the idea of "wholistic medicine." These cancer victors with their profound faith have been the inspiration which perpetuates the cause of IACVF. They make it easy for us to "hang in there" when the going gets rough. We know that their "rebirth syndrome" is contagious, and we hope it becomes epidemic.

To capsule for a moment in sharing these experiences with you, we must remember the need for physical, mental, and spiritual good health. This wholistic concept is defined repeatedly by the cancer victors who are actively involved with the work of IACVF. Its most important message is that there is a choice other than conventional methods and for those who desire, the choice also avails itself to victims who still prefer conventional modalities along with the wholistic concept. The question remains, "Is the conventional medical community lying when it fails to speak of alternatives?" Perhaps not intentionally, but surely a failure to inform exists. The late Dr. Hardin Jones once remarked that a cancer victim would live at least four times longer if he took none of the conventional treatments and did nothing at all to treat his cancer. Imagine the prospects of choosing natural or alternative treatments which are geared to build the person's own immune system! A whole new avenue of modalities is being looked upon seriously by the cancer giants (NCI, ACS, etc.). The irony is that it is new only to them. IACVF has known about alternatives since its inception over 17 years ago. We have weathered the storm; we are alive and well and available to those who wish to educate themselves as to the alternatives. We have the knowledge and the tools to dispel the theory that there are no choices. We can provide proof that there are alternatives, and we dedicate ourselves to this important premise of "freedom of choice."

If every IACVF member recruits one other member and the good news finally reaches every household, a

cancer victim may never again hear the words, "There are no alternatives but conventional treatment." Who knows . . . we may even save a few thousand lives along the way.

— Ann Cinquina
Editor

Conquered cont. from page 12

Meanwhile, Sattilaro is attempting to convince his colleagues and working on setting up experiments that will convince the scientific community. However, whatever the results of his labors, Sattilaro is enjoying his days. "I'm alive," he says, "and for me a simple bowl of rice is a feast."

We ask that our readers please not contact Dr. Sattilaro directly, as previous public interest in his story caused a disruption of his duties as administrator of a large hospital. For further information, Dr. Sattilaro suggests you write to:

*East West Foundation
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RESPONSE FROM READERS

Are drugs ever safe?

Re "Is It Wrong to Use Drugs?" (Dec. 4, 1980), the proper definition of a "drug" is so difficult that no simple statement can cover every possible pharmaceutical agent.

According to the Appendix B "Glossary" of the *Index to the Writings of Ellen G. White*, "the term as used by Ellen G. White applied essentially to 'poisonous preparations' from the vegetable and mineral kingdoms which, when taken into the body, leave lasting harmful effects." This seems to be a fair statement, although, as currently used, most physicians would define a drug as any chemical agent taken into the body for the purpose, or in the hope, of curing or favorably influencing disease processes, or of alleviating symptoms. Biological replacement substances¹ such as insulin and thyroxin, vitamins and minerals in recommended amounts,² and inoculations or immunizations would not be considered "drugs" by many physicians today.

The problems to be considered in the prescription or use of drugs include the following list:

1. *The "poisonous" nature of drugs:* A man who was professor of pharmacology of a medical school for many years said recently that he knew of no drug that did not owe its action to the poisoning of some enzyme system of the body.³ This immediately suggests two premises: first, that all drugs are quite potent and their use should not be considered lightly; and second, that, physiologically speaking, it is impossible for a drug to be curative. The best that may be hoped for is that drugs will buy time or energy from other systems in the hope that the body will be able to effect its own cure.

2. *All drugs have side effects*—that is, unwanted or unneeded results. Some of these side effects are known and many are unknown; they are

apart from the desired therapeutic effects. These untoward results range from those that are merely annoying to the kind that are life-threatening. A disconcerting possibility is that side effects may not be apparent until months or even years later, a fact revealed to Ellen White by the Lord,⁴ but which was unknown to pharmacologists of her day.

3. *No drug is a specific therapeutic agent.* This fact is determined by the very nature of the physiology of the body, the pathology of the disease state, and the pharmacology of the drug. Pharmacologists have devoted years to the attempt to make drugs "rifles" rather than "shotguns." Their success has been minimal.

4. *Most therapeutic measures are largely trial and error.* Our diagnostic limitations and poor understanding of physiology and disease processes dictate this strange situation, even in this age of super-specialization, advanced laboratory testing, and complex technological hardware. Nevertheless, patients have the most implicit faith in medical science, and doctors are taught to take bold risks. Given these premises, it becomes evident that whenever a drug is taken, whether it be an over-the-counter cold remedy or a prescription from a university-center specialist, a calculated risk is involved. In many cases—indeed, perhaps in most cases—the risk is inordinately high.

There is widespread belief among both patients and physicians that the "drugs" referred to in Ellen White's writings were extremely toxic and poisonous, whereas most of our modern drugs are mild and much safer. On this point, a footnote⁵ added by the compilers of *Selected Messages*, book 2, is of interest. The fact is that our modern drugs, while they are much more standardized,

refined, and purified, are by these very processes rendered many times more potent and hence more hazardous. Again, the fact that the hazards in some instances may be much more subtle and indirect than with older drugs only increases their danger. Attempts to alter a drug chemically to remove one side effect may merely open up another series of problems. For example, the ancient Indian snakeroot or rauwolfia herb, when used in its crude state, seemed relatively safe as a remedy for high blood pressure and anxiety. But when separated into its extremely potent component alkaloids, as was done by drug industry pharmacologists, it became a series of different, very potent drugs with a myriad of undesired effects.

These matters seem often to be understood better by non-Adventists than by those to whom the oracles of God were entrusted. Donald Kennedy, former commissioner of the Food and Drug Administration, writing in the journal *Drug Therapy*, cites several studies showing the problems of over-medication in every major drug area, and he estimates that 30-60 percent of antibiotics prescribed for hospital patients were not indicated at all or were inappropriately used. He goes on to make the following observations:

"Since the 1930s, we have been dealing with new molecular entities which, although designed to achieve certain physiological effects, had never before been encountered by living systems. Such entities can hardly be expected to act as magic bullets that hit one target and one target only. . . . A drug is approved after clinical trials with a comparatively small number of volunteers. After approval, exposure to the drug takes a quantum leap to a potential market of 2 to 20 million people. Where drugs were once primarily designed to deal with acute afflictions, now those 2 to 20 million people may be taking the drug dozens of times per year for a period of many years.

"Given this new situation, the [drug regulatory laws] look

more and more like a screen with a comparatively large mesh—sufficient to eliminate the gross threats, but woefully insufficient to deal with the more subtle, but often equally dangerous, hazards—the adverse effects that confound otherwise valuable therapeutic agents. Many examples could be cited, such as the phenomenon of blood dyscrasia following ingestion of the antibiotic chloramphenicol, the relationship between endometrial carcinoma and estrogens, and thromboembolism due to oral contraceptives."⁶

Aside from concern about safety, are there not other reasons to be extremely cautious in the use of drugs? We believe that there are compelling philosophical and theological considerations, as follows:

1. The use of drugs does nothing to promote or stimulate a desire to reason from cause to effect in regard to disease, nor to attempt to eliminate habits or attitudes that may cause the disease. In fact, they often allow the patient to continue comfortably in his improper practices.

2. All therapeutic measures should be designed to point the sufferer toward the true source of healing, the Great Healer. In drug use, this is seldom the case; rather, the attention usually is focused on the medication or on the physician.

3. Drug use allows minimal contact between physician and patient. If the "medical missionary work is largely a spiritual work,"⁷ then it is reasonable to assume that the more time spent with the patient, the better the opportunity for interpersonal contact between patient and therapist. This is a time, above all others, when the heart of the patient is made tender by suffering.

4. Minimal contact allows large numbers of patients to be seen. This increases the possibility of erroneous diagnosis, increases the physician's physical, mental, and psychological burden, and promotes a high level of income that cannot be justified by the Bible or the Spirit of Prophecy. Often the mere fact of being overburdened and frustrated encourages

an attitude of contempt and cynicism for the patient, which runs counter to the essence of the gospel. The lack of time, energy, and, eventually, inclination, thus effectively counteracts any evangelistic efforts or desires on the part of the physician—in effect, the “right arm” is paralyzed.

5. The use of natural remedies is in harmony with the simplicity of the gospel—they are freely available and comparatively inexpensive, if not free.

The same cannot be said of drugs in general.

6. There are special spiritual qualifications required of those who administer the simple healing agencies most effectively, whereas there are special legal qualifications for those who administer drugs, with no particular spiritual qualifications necessary.

Although I am aware of certain striking exceptions to some of the above-listed problems, they are pitifully few and gener-

ally fall far short of God's design for His physicians.

In view of these considerations, what is the physician to do—abandon the patient to his fate? Never! The choice is not, as most assume, between using drugs and not treating at all. The Lord has been pleased to reveal to us that before He placed man on earth He made ample provision to deal with all diseases. These provisions are designated in the writings of Ellen White as “the eight remedies” or simply “natural remedies.” These remedies, while quite potent, are physiological, effective, and free of unwanted side effects when properly applied. The rural sanitarium, designed by God to “reform the medical practices of physicians,”⁸ also was designed to be the ideal place to apply the natural remedies for disease,⁹ as well as to instruct patients and physicians in the principles of healthful living.¹⁰

Fortunately, a few such institutions, which were intended to be located outside every large city,¹¹ exist today, and several are carrying on active teaching programs. Physicians, health workers, and interested laymen are welcomed as observers or students. An active interchange of ideas and successful methods is being built up; interest has never been higher.

Rather than arming ourselves with a list of potential problems to surmount, such as meningitis, brain tumors, or congenital heart disease, should we not carefully review God's design for the Christian Adventist physician as outlined in such books as *Counsels on Health*, *The Ministry of Healing*, *Medical Ministry*, and *Loma Linda Messages*? Should we not thank God for the simple, effective remedies He has shown us and mourn for our wilderness experience during which precious years have been lost that could have been devoted to research and development of a whole arsenal of natural methods of treatment? “Always study and teach the use of the simplest remedies, and the special blessing of the Lord may be expected to follow the use of these means which are within the reach of the common people.”¹²

REFERENCES

- ¹ When used for true deficiency syndromes. When given for other reasons, they become in effect more like pharmacological agents that would better fit our concept of a drug.
- ² Except for extremely rare instances, I know of no scientific evidence to indicate that vitamins and minerals cannot be supplied adequately, or better, in the form of natural foods in any patient who can swallow and absorb.
- ³ Mervyn Hardinge, personal communication, January, 1980.
- ⁴ Sample statements include: “Drugs never cure. Instead, they place in the system seeds which bear a very bitter harvest.”—*Selected Messages*, book 2, p. 289. “Those who make a practice of taking drugs sin against their intelligence and endanger their whole afterlife.”—*Ibid.*, pp. 290, 291. She also says that “drugs . . . leave a deadly evil in the system” (*ibid.*, p. 288) and are “a seed crop that will never lose its destroying properties throughout the lifetime” (*ibid.*, p. 284).
- ⁵ “It is to be observed that a large proportion of the prescriptions written by the physicians of today call for ingredients taken from the vegetable kingdom, most of which are nonpoisonous.”—Compilers, *ibid.*, p. 289.
- ⁶ Donald Kennedy, “The Failures of Success and the Drug Regulation Reform Act of 1978,” *Drug Therapy*, 8(12):42, December, 1978.
- ⁷ Ellen G. White, *Counsels on Health*, p. 540.
- ⁸ ———, *Medical Ministry*, p. 27.
- ⁹ “All the restorative agencies that the Lord has provided should be made use of in our sanitarium work.”—Ellen G. White, Manuscript 19, 1911.
- ¹⁰ See chapter “The Prevention of Disease,” *Medical Ministry*, p. 221 ff.
- ¹¹ ———, *Medical Ministry*, p. 324; *Evangelism*, p. 534.
- ¹² ———, *Selected Messages*, book 2, pp. 298, 299.

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ADVENTIST REVIEW, June 4, 1981 Letter to:
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The parable of the sores

By T. E. WADE, JR.

Far out on a little green island lived an intelligent and prosperous people. But they were unhappy. They had a strange sickness, and as a result their bodies were covered with sores. However, they had learned to cover and ignore the sores, even to pretend they liked them; but they still hurt. And they caused the islanders to die at an early age.

One day a small ship arrived, bringing a new family to live on the island. Purchasing a piece of land for their home, the newcomers built a house on it much like the other well-built houses on the island. Learning the customs of the island people, they soon accepted into the new society.

They were not afraid of contracting the sores, for they had read a book that told them how to cure them. In the event the family members should come down with the disease, in fact, because the book contained this valuable information, they had purchased a careful study of copies of it.

Using their various talents, the members of the family began to help the people of the island. One nurse made the dying people comfortable. Another helped find clothes for children whose parents had passed away. Still another built a store to hold more books describing the cure. All family members saved part of their income for this good work.

Another family project was to put posters here and there, telling about the importance of good health. But only once in a while would they slip a book under someone's door.

As you can see, these family members were busy with all the time—busy supporting every good cause that seemed to demand attention; busy doing good deeds that needed doing; and, of course, busy making a living so that they could maintain social acceptability.

They talked freely with the island people about politics, the economy, sports, people, and hobbies. The islanders were shipbuilders by trade. They talked to them about the best way to repair their ships and how to sail them, and they talked customers into buying the ships the islanders had built.

Years and more years passed. The family seemed oblivious to the fact that being busy and doing good weren't enough—that because they had a remedy for the sores, they should have been telling the islanders about it and should have distributed far and wide the books telling of the cure.

Don't use ASA parents advised

Province news services

OTTAWA — Parents should avoid giving their children ASA when they have influenza or chicken pox because of studies suggesting a link between the drug and Reye's syndrome, a senior health department official said yesterday.

Dr. Denys Cook, head of the department's drugs directorate, offered the advice when asked about plans by the U.S. government to require special warning labels on ASA packages.

Cook said the link between the drug and the illness is still not proven.

Reye's syndrome is a relatively uncommon childhood disease that affects the brain and liver and can lead to permanent brain damage or death.

(This week, Aspirin manufacturers in the U.S. vowed to fight the U.S. government's proposed warning label on packages. They say that the studies linking ASA with Reye's syndrome are not conclusive, and that the department of health and human services acted 'hastily and with scientific basis' in calling for the warning label.)

The department has no plans at the moment to require warning labels in Canada, but it agrees with the Canadian Pediatric Society that parents should be aware of the need for caution.

That position was repeated by society president, Dr. John Crichton here in Vancouver.

"As far as I'm concerned, the jury is still out, but the average parent would be wise to use something other than ASA if the child had chicken pox or influenza," Crichton said.

Non-prescription drugs containing acetaminophen are sometimes used in place of drugs with ASA to relieve some of the symptoms of chicken pox or influenza, but some doctors recommend non-drug treatment whenever possible.

Crichton said Reye's syndrome is "not a common condition, but it's not rare, and when it hits, it's tragic."

Continuing concerns that the use of ASA may increase the risk of Reye's syndrome in children recovering from chicken pox and influenza could be discussed by the Canadian Pediatric Society at its annual meeting in London, Ont., later this month.

Crichton said he doesn't want upset parents unnecessarily, since the link between the drug and the illness is circumstantial.

However, he said he would see nothing wrong with putting a cautionary message on packages of children's ASA.



Murchie's do not use Robustas... NEVER have and NEVER will!!!

ROBUSTA HAS DOUBLE THE CAFFEINE OF ARABICA! WHY DO OTHERS USE ROBUSTA?

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N.B. Also, Murchie's do not produce Arsell a decaffeinated coffee... because we do not believe that the chemicals used are good for your health... safer methods coming!

ARE YOU SURE = you know what the above is saying?
ARE YOU SURE = you read the last bit? Adventists for endless years were led to believe "SOLVENTS" were O.K. In "DECAFFEINATED COFFEE." In SOY "WASTES."

CBC-TV "ARK ON THE MOVE" = June 21, 1982. 4 P.M. The Host = a Leader in "SURVIVAL OF THE SPECIES" = knowing the Climate of the Establishment = said it anyway = one has to admire men like that. With a look of defiance said = the HERB = "PERIWINKLE" will cure = "LEUKEMIA" = that seems to effect so many Adventists. And the Cure could be so Simple! (And BETTER to know this so we can PREVENT it!)

CBC-TV June 23, 1982. "TAKE 30" = 3:30 P.M. An educated IGNORAMUS spouts off = "SCHIZOPHRENIA" has no "ORGANIC CAUSE!" if he had said = "no KNOWN organic cause" = that would be IGNORANCE enough = but "NO ORGANIC CAUSE" = is PONTIFICATING. By the INFALLIBILITY.

It is Time for God's people to set up proper Health Centers everywhere.

BARNYARD SOCIALISM

Once upon a time there was a Little Red Hen who scratched about and uncovered some grains of wheat. She called her barnyard neighbours and said, "If we work together and plant this wheat, we will have some fine bread to eat. Who will help me plant the wheat?"

Not I, said the Cow. "Not I," said the Duck. "Not I," said the Goose. "Then I will," said the Little Red Hen and she did.

After the wheat started growing, the ground turned dry and there was no rain in sight. "Who will help me water the wheat?" said the Little Red Hen.

"Not I," said the Cow. "Not I," said the Pig. "Equal rights," said the Goose. "Then I will," said the Little Red Hen and she did.

The wheat grew tall and ripened into golden grain. "Who will help me reap the wheat?" asked the Little Red Hen.

"Not I," said the Cow. "Not I," said the Duck. "Out of my classification," said the Pig. "Not I," said the Goose. "Then I will," said the Little Red Hen and she did.

When it came time to grind the flour, "Not I," said the Cow. "I'd lose my unemployment insurance," said the Duck.

When it came time to bake the bread, "That's overtime for me," said the Cow. "I'm a dropout and never learned how," said the Duck. "I'd lose my welfare benefits," said the Pig. "If I'm the only one helping, that's discrimination," said the Goose.

"Then I will," said the Little Red Hen and she did. She baked five loaves of fine bread and held them up for her neighbours to see.

"I want some," said the Cow. "I want some," said the Duck. "I want some," said the Pig. "I demand my share," said the Goose.

"No," said the Little Red Hen. "I can rest for a while and eat five loaves myself."

"Excess profits," cried the Cow. "Capitalist leech!" screamed the Duck. "Company fink," grunted the Pig. "Equal rights," screamed the Goose. And they hurriedly painted picket signs and marched around the Little Red Hen singing, "We shall overcome." And they did.

For when the Farmer came to investigate the commotion, he said, "You must not be greedy, Little Red Hen. Look at the oppressed Cow. Look at the disadvantaged Duck. Look at the underprivileged Pig. Look at the less fortunate Goose. You are guilty of making second-class citizens of them."

"But-but-but-I earned the bread," protested the Little Red Hen.

"Exactly," the wise Farmer said. "That is the wonderful free enterprise system; anybody in the barnyard can earn as much as he wants. You should be happy to have all this freedom. In other barnyards, you would have to give all five loaves to the Farmer. Here you give four loaves to your suffering neighbours."

And they lived happily ever after. Including the Little Red Hen, who smiled and clucked, "I am grateful, I am grateful."

But her neighbours wondered why she never baked any more bread.



A non-profit organization dedicated
to the preservation of free enterprise

Asparagus for cancer

I am a biochemist, and I have specialized in the relation of diet to health for over 50 years.

Several years ago I learned of the discovery of Richard R. Vensel, D.D.S., that asparagus might cure cancer. Since then I have worked with him on this project, and we have accumulated a number of favorable case histories. Here are a few examples:

One man had an almost hopeless case of Hodgkins disease (cancer of the lymph glands), and he was completely incapacitated. Within 1 year from starting the asparagus therapy, his doctors were unable to detect any signs of cancer, and he is back on a schedule of strenuous activities.

Case No. 2 is a successful business man now 68 years old, who suffered from cancer of the bladder for 16 years. After years of medical treatments, including cobalt (radiation) without improvement, he went on asparagus. Within 3 months hospital examinations revealed that his bladder tumor had disappeared and that his kidneys were normal. Today he is at least as healthy as before the disease started.

Case No. 3 is a man who had lung cancer. On March 5, 1971, he was put on the operating table, where they found lung cancer so widely spread that it was inoperable. The surgeons sewed him up and declared his case hopeless. On April 5 he heard about the asparagus therapy and immediately started taking it. By August, x-ray pictures revealed that all signs of the cancer had disappeared. He is back at his regular business routine.

Case No. 4 is a woman who was troubled for a number of years with skin cancer. She finally developed 7 different skin cancers which were diagnosed by a skin specialist as "advanced." Within 3 months after starting on asparagus her skin specialist said that her skin looks fine — "no more lesions."

This woman reports that the asparagus therapy also cured her kidney disease, which started in 1949. She had over 30 operations for kidney stones and was receiving government disability payments for "a terminal kidney condition — inoperable." She attributes the cure of this kidney trouble entirely to the asparagus therapy.

I was not surprised at this result, as a book *The Elements of Materia Medica*, edited in 1854 by a professor at the University of Pennsylvania, states that asparagus was used as a popular remedy for kidney stones. He even refers to experiments made in 1739 on the power of asparagus to dissolve urinary stones.

We would have other case histories, but the Medical Establishment has interfered with our obtaining some

of the records. I am therefore appealing to readers to spread this good news and help us to gather a large number of case histories that will overwhelm the medical skepticism about this unbelievably simple and natural remedy.

How To Use Asparagus

Asparagus should be *cooked* before using, and therefore canned asparagus is just as good as fresh. I have corresponded with the two leading canners of asparagus, Green Giant and Stokeley, and I am satisfied that these brands contain no pesticides or preservatives.

The cheapest form is the "cut spears." Open the can and dump into a blender. Liquify at high speed to make a puree, and store in a refrigerator.

Give the patient 4 full tablespoons *twice daily*, morning and evening. (Patients usually show improvements in from 2 to 4 weeks.) It can be diluted with water and used as a cold or hot drink.

This suggested dosage is based on present experience, but certainly larger amounts can do no harm, and may be needed in some cases.

As a biochemist I am convinced of the old saying that "what cures can prevent." Based on that theory my wife and I have been using asparagus puree as a beverage with our meals. We take 2 tablespoons of the puree (diluted with water to suit our taste) with breakfast and with dinner. I take mine hot; my wife prefers hers cold.

For years we have made it a practice to have blood surveys taken as part of our regular check-ups. The last blood survey taken by a medical doctor who specializes in the nutritional approach to health, showed substantial improvements in all categories over the last one, and we can attribute the improvement to nothing but the asparagus drink.

As a biochemist I have made an *extensive* study of all aspects of cancer, and all of the proposed cures. As a result I am convinced that asparagus fits in better with the latest theories about cancer.

Asparagus contains a good supply of proteins called "histones" which are believed to be active in controlling cell growth. For that reason I believe asparagus can be said to contain a substance that I call Cell Growth Normalizer. That accounts for its action on cancer and in acting as a general body tonic.

In any event, regardless of theory, asparagus used as we suggest, is a harmless substance. The FDA cannot prevent you from using it, and it may do much good.

Please do not send me any letters asking for further information. I am retired and have no facilities for handling a large volume of correspondence.

Cont. on page 25

However, if you can help some cancer victim to get well, please send me a full case history. Such a history, to be of any help to us, must include the following:

1. The fact that cancer was diagnosed by a medical doctor.
2. The fact that asparagus was used in the case.
3. The fact that x-ray or other examination has proven that the cancer is cured.

KARL B. LUTZ
653 Racine Avenue
Pittsburgh, PA 15216

The Chaparral Herb

by Eileen Marsh, N.D.

I am so thrilled to have found the Chaparral herb and to have proven its effectiveness to myself that I thought others might like to hear about it, and my discoveries.

The history of the Chaparral herb tablet dates back to ancient Indian times when medicine men administered "Chaparral tea" brewed from the leaves of the desert creosote bush. The common Greasewood, known as Chaparral, grows in the light sandy soil in the desert of southwestern U.S. and Mexico. One of its scientific names is Larrea Divaricata. An extracted acid has been used in the treatment of cancer and leprosy. The Indians have used Chaparral for treatment of stomach disorders, rheumatism, arthritis, cancer, venereal disease and skin infection for hundreds of years. Laboratory tests have proved that this herb is absolutely non-toxic, without side effects and completely compatible with medication.

The tablets contain only the pure leaves of the Creosote plant which are air dried in the shade and then coated with a pure vegetable protein coating to preserve freshness.

I started taking 2 tablets with each meal, and in 6 weeks I noticed a marvellous sense of well being. I also noticed a little "crick" noise I had heard in my knee when I went upstairs had vanished. So then I decided to take four with each meal and see the effect for I always believe in being my own guinea pig. After five days I noticed that a warty cyst on my skin had completely flattened. I had been trying for at least a year to get rid of it. Now I know it helps arthritis and has an effect on "lumps" and bumps.

I then experimented with taking five with each meal. This made me feel wonderful. It made me have four or five bowel movements a day, so although it is not a laxative it helps the bowel. I have a cancer patient who is taking 24 tablets a day, six with each meal and six last thing at night. It has already reduced the swollen look of his face and enables him to pull his

ear now without pain, all in one week, so it does have a beneficial effect.

Another patient of mine took two with each meal and found she felt so well and so much better than she had been feeling that she decided to take three with each meal, and so felt even better. I have now two cataract patients taking it to see the effect on them. Happily, we know that it cannot hurt anyone.

I fully endorse all Dr. Ralph W. Davis, N.D. says in his article on the Chaparral bush in Herald of Health of August, 1979. I was very interested in that article, especially as I had just learned of this marvellous Creosote bush myself. I have just ordered another 60 bottles, and I am told that the tablets are equal in value to using the leaves as a tea. If one wishes one can put the tablets into water and drink as a tea.

Now that I am fully qualified as a Naturopath I think it is wonderful how so many in the same field offer their help and write encouraging letters.

This is to grant you permission to reprint from the Asparagus article, please give the following credit line to Cancer News Journal:

Reprint: Cancer News Journal
December 1979 Issue

Mr. Lutz has not sent us any follow up subsequent to the article mentioned above. We must assume that there may not have been any.

You may expect your order filled under separate cover.

Sincerely,

Ann Cinquina
Ann Cinquina
Executive Director/Editor

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Leap Forward! And Start A Chapter of IACVF

Two More Unused, Harmless Anti-Cancer Treatments

By Wayne Martin

① First I will tell of hydrochloric acid therapy as developed in the late 1920s by a Burr Ferguson, M.D., in Birmingham, Alabama. The treatment was later taken up by a Walter B. Guy, M.D., of St. Augustine, Florida.

A medical journal published in Philadelphia in the 1930s, *Medical World*, ran a long series of reports on hydrochloric acid (HCL) therapy. Doctors mostly in rural areas then used HCL therapy, and the result was a deluge of letters from all over the United States and Mexico, telling of absolutely miraculous recoveries from both bacterial infections and cancer. *Medical World* published all these reports, and that may be why *Medical World* is now long defunct.

Dr. Ferguson used dilute HCL (at a dilution of one part per 500 — to one part in 1500) injected into the vein. He found in normal patients a very quick increase in white cell count — within a few hours of such an injection. Normal white cell count is 7,000. Patients with a bacterial infection have a much higher white cell count, showing that the body is trying to fight the infection. With such patients Dr. Ferguson showed that on injection of HCL solution, white cell count would quickly return to normal, while at the same time fever would subside with temperature returning to normal. Dr. Ferguson felt that somehow HCL caused some of our proliferating white cells to effectively kill the bacteria.

Childbed fever (usually caused by a hemolytic streptococcus infection) in dirty hospitals prior to 1881 (when doctors refused to wash up before they delivered a baby and when they used the same sponge to wipe away blood on patient after patient) sometimes killed one mother out of two of childbed fever following childbirth. Even in 1930 when doctors were dedicated to being clean, 10,000 mothers died of childbed fever in the United States. HCL therapy worked on childbed fever in a miraculous manner. As an example I will give one case reported in *Medical World* by a Dr. William Howell of Lexington, Tennessee. His abridged report is as follows.

② "On August 18, 1931, I delivered a girl of 15 after a prolonged and most difficult delivery, using all septic precautions possible in a log cabin. On the third day after delivery a report was sent to me that she had a chill and a high fever. On the fifth day an urgent message came that my immediate presence was necessary. On going into the sick room I saw at once that there had been no mistake in this urgent message. The little girl was delirious, temperature was 106°, pulse was 140, respiration 40. There was a fetid

discharge from the vagina. Every other case I have seen in this condition died."

"I gave her 10 cc of 1-1500 HCL. In a very short time I noticed sweat on the neck and forehead and along with it a slowing of the pulse. In a few minutes thereafter she was bathed in a profusion of perspiration. With it there was a cessation of her chatter of delirium. Within an hour her temperature was 103, pulse 100, and respiration 22."

"During the following four days I repeated the injections of HCL, following which her temperature was 99, pulse 72, and respiration 18. On the seventh day I gave her another HCL injection. Thereafter, save for weakness, she went on to an uneventful recovery, with the complete disappearance of the mass in the left iliac region."

③ Dr. Howell then reported on a second case of childbed fever almost identical as the first, in which the woman changed from a near death condition to complete recovery in ten days' time on receiving HCL injections.

HCL therapy worked equally well on a wide range of bacterial infections, including gonorrhea.

About three years ago I undertook to enlighten my friend, Dr. Oscar Todd of Juarez, Mexico, about the wonders of HCL therapy and was astounded to find that he knew all about it. It would seem that in the 1930s it was used by several hundred American doctors in out-of-the-way places. Its use spread to Mexico, where even today, poverty conditions make it not possible to use antibiotics. So rural Mexican doctors still use HCL therapy. I knew a doctor in San Francisco, now deceased, who made a lot of money treating gonorrhea on the waterfront with HCL injections. Penicillin put him out of business, but when resistant strains of gonorrhea developed, he got back in business again. He said there was no such thing as an HCL-resistant strain of gonorrhea.

HCL treatment for bacterial infections in 1930 may have been superior to antibiotic treatment; however, no drug firm stands ever to make any money on it. Ten dollars worth of hydrochloric acid could cure all the bacterial infections in the country.

④ Dr. Guy added benzoic acid to Dr. Ferguson's HCL therapy and used it to treat both cancer and bacterial infections. His results were published both in *Medical World* and in his book, *Chemistry in Therapeutics*, W. Roy Huntman of Philadelphia, in 1935. It was published by The Record Press, Inc., Rochester, New Hampshire.

There are a great many cases of regression of

hopeless cancer on treatment with Dr. Guy's HCL benzoic acid treatment. I will list here three case histories from these publications:

1) "My dear Dr. Guy: I have one case of epithelioma (now carcinoma) of the skin, size of a dollar over the right temple, five years' duration, almost getting over to the eyelid, covered with a dirty grayish-black crust. Four injections of the benzoic solution together with drops almost completely cleared it up, only a pinpoint-little ulcer (skin deep) remaining. I am sure this will be completely eliminated. My patient exclaimed, 'You are marvelous!' And the stuff is so harmless. What's the matter with the medical profession, so slow in grasping the most wonderful opportunity in restoring heretofore intractably diseased patients back to good health?"

"Sincerely, D.C., M.D.

"Hartford, Conn., June 7, 1937"

2) Case of Mrs. M.L., age 50, May 17, 1935. "History: A myoma in uterus for six years with increasing hemorrhages at menstrual periods. Examination: Anemic, badly bloated, pelvis frozen, tumor size of grapefruit in uterus bleeding freely for two months. Diagnosis: Cancerous degeneration of a uterine myoma. Treatment: Acid benzoic solution six times daily. Improvement and cessation of hemorrhage in four days. In May, 1937, menopause established, tumor has disappeared and pelvic organs are normal. No other treatment other than benzoic acid therapy, so all credit is due to this simple method of treatment."

3) A doctor in Massachusetts write on the case of R.V.V., male, age 42. "Three years previously, severe pains in back and shoulder. For two years cough and sputum, very nervous, sleep much disturbed, an enlarged gland on the shoulder removed at Massachusetts General Hospital. Diagnosis: Hodgkin's disease. X-ray therapy given with partial relief. On July 4, 1935, acid mineral was given. August 4, expectoration more profuse and offensive. Was then given benzoic acid solution, 15 drops diluted, four times a day. August 25, much improved, expectoration stopped, sleep normal, better in every way. September 4, 1935, still improving. Glands in postmediastinum becoming smaller, and pain in eighth cervical vertebra that x-ray showed involved has disappeared, also two small skin cancers on face which were curetted off are now healed. Still under treatment."

I could go on giving successful cancer case histories until *CNJ* became an inch thick.

I give here Dr. Guy's formulation for cancer RX: Acidibenzoic — 10 gm; Alcohol 95% — 90 cc; Saturated solution of acid Silicic in acid hydrochloric dilute, USP, color rubrum, Q.S. added — 120 cc. Dose: Give 15 drops in 8 ounces of distilled water

three to five times a day.

To prepare silicic acid, take an ounce water glass (Na_2SiO_3), add dilute hydrochloric acid to precipitation. Wash precipitate in water and add it to hydrochloric acid C.P., then dilute this acid to make a USP official dilute hydrochloric acid.

Dr. Guy notes that only a trace of precipitate dissolves, yet this is enough to be of benefit. He also says that no silicic acid should be used in making an intravenous solution. To make an intravenous solution, use the oral solution above sans silicic acid. Add 4 cc of it to boiled water q.s. ad 120 cc.

He says the above oral solution may be diluted for local application or used undiluted for a throat spray in cancer of the mouth or throat.

Benzoic acid is a most inexpensive basic chemical, widely used as a preservative in foodstuffs. Again there is no money to be made by drug firms in its use.

HCL therapy and HCL Benzoic acid Silicic acid therapy died in the United States when Drs. Ferguson and Guy died. These therapies should be used again.

Now for a 1982 concept of a hopeful (and largely harmless) cancer therapy. In the February 8, 1975 issue of *The Lancet*, Joseph Wybran and Andre Govaerts of Hopital St. Pierre in Brussels, Belgium, write on "Cancer, Asthma and Cyclic A.M.P." They take note of a study in *The Lancet* in December, 1974 (p. 1475) which showed that cancer deaths were reduced in asthma patients. Asthma patients often spend years being treated with the bronchodilator drug, theophylline. Theophylline occurs in small amounts of tea. It not only is a bronchodilator but it also causes the body to produce more of a compound called cyclic A.M.P. This article is now over long, but there is much recent evidence that cyclic A.M.P. in increased amounts causes cancer cells to revert to normal cells.

Wybran and Govaerts conclude with, "We propose that chronic asthmatic patients are less susceptible to cancer because they often take drugs which increase their intracellular cyclic A.M.P.: . . . bronchodilators could be used against cancer."

So in 1981, Kenneth Honn, Ph.D., of Wayne State University, writing in *Science* in the June 12, 1981 issue (p. 1151), has shown that the prostacyclin PGI_2 and theophylline increase the amount of intracellular cyclic A.M.P. He also notes what I have written about before in *CNJ*, that prostacyclin PGI_2 prevents the formation of the portion of blood clots called platelet thrombi and that platelet thrombi cause the spread of cancer.

This brings us again to the teaching of Dr. David Horrobin on prostaglandin E_1 . The oil of the evening primrose contains gamma linolenic acid, which converts to prostaglandin E_1 , and prostaglandin E_1 , like theophylline, causes an increase in cyclic A.M.P. (*Medical Hypotheses* 6, 1980, pp. 785-800). This

suggests the possible use of theophylline as a bronchodilator drug and primrose oil to convert cancer cells back to normal cells.

In other writing in *CNJ* I noted that Dr. Horrobin is a Ph.D. He is both a Ph.D. and an M.D.

There is always something to take the joy out of life with ideas such as this. Cyclic A.M.P. may convert cancer cells back to normal cells, which is very good, but Professor L.H. Opie, writing in *The Lancet* for October 28, 1978, suggests that too much cyclic A.M.P. may be involved in starting the arrhythmias of a heart attack. After we have noted this very mild warning, we should say that two of the chemotherapeutic drugs used in cancer treatment are highly toxic to the heart and do cause heart attacks.

Penicillin was hailed as a wonder drug in 1946. Drug firms built fortunes on penicillin. HCL benzoic acid and salicylic acid, as per Dr. Guy, may be a wonder drug for cancer. Let us hope that some doctors will read this and ask what Dr. D.C. in Hartford, Connecticut, asked in 1937 when he wrote, "What is the matter with the medical profession, so slow is grasping the most wonderful opportunity?"

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But no money
in it*

*"Freedom
to Choose"*

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(This "HYDROCHLORIC ACID" article)

(Vol. 17, No. 4, WINTER 1982/83.)

(Also re-printed "SPOTLIGHT" Magazine
May 9, 1983, p. 22.)

A HERBALIST NURSE== who learned from her Grand Mother in the Old Country =
to take perhaps a Gallon of Water = bring it to a Boil in the Evening =
pour perhaps a Cup of Flaxseed in it and set it aside to Steep =
Whip in some Grapefruit Juice next Morning = with a bit of Honey =
taken during the Day. This is HEALING = SOOTHING = LAXATIVE = EMULSION =

.....
SHE SAID== she has been using "HYDROCHLORIC ACID" for Years =
taken by Mouth = as a Digestive Aid. It eats the Teeth so they used to
take a weak diluted Acid with a Glass Tube. Now we can buy "HYDROCHLORIC
ACID" tablets in the Health Store. (Perhaps called: "GLUTAMIC ACID.")

.....
Some feel that LEMON JUICE will do the same thing. Or PAPAYA ENZYME tablets.
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Rest



① There must be REST AFTER ACTIVITY!

You're so RIGHT!

② You can train your-SELF TO RELAX, EVEN WHEN STANDING!

Yeh!

③ ...OR EVEN WHEN WALKING!

④ DURING THE DAY TAKE TIME TO JUST SIT LOOSE... JUST LET EVERYTHING SAG!

Let 'em SAG!

⑤ THE REASON WHY SO MANY PEOPLE HAVE NERVOUS BREAK-DOWNS IS THAT...

Yeh... Go on...

⑧ SAGGING THE BODY WILL RELIEVE THE TENSION, AND KEEP YOU FROM FEELING AS THOUGH YOU WERE FALLING APART!

⑨ IF YOU HAVE TROUBLE SLEEPING, TAKE A WARM CUP OF CATNIP OR HOPS TEA... --OR WHIZZ UP IN YOUR BLENDER SOME LETTUCE AND DRINK THE STRAINED LIQUID. LETTUCE HAS NATURAL OPIUM AND WILL PUT YOU TO SLEEP.

WHEE! SLEEP!

⑥ THEY AIM TO SURPASS ALL OTHERS!

NOT USINKS!

NO SIKTH!

⑦ SO THEY ALWAYS GO IN HIGH GEAR UNTIL THE BODY MACHINE BREAKS DOWN...

WITH A SERENE MIND YOU WILL BE ABLE TO MEET SITUATIONS WITH CALMNESS AND POISE!

⑩ EVEN DULL LECTURES!

THE CANCER PAPER

And the Offer for "FREE" copies. That was really meant for the 2 first Pages of which we printed 2,000. Of the additional pages we printed only 1,000. And this is meant for the Mailing List. We had trouble making the Plates = that you would not believe. I called in the Press Mechanic = TWICE = before we found the Trouble. We wasted many Plates and Negatives before we found it was in the DEVELOPER FLUID. I believe this was deliberate Sabotage by the Company = because they want to Switch over to an all New Process = and by the Time they rake in about \$200.00 a piece for every little Print Shop = they will make MILLIONS. So they began WRECKING the Old System to FORCE us over to getting every thing NEW. I am going to see about Switching to KODAK.

So in the Process of finding out what was WRONG with the PLATE-MAKER = we cleaned off some Plates to try again = and so those will not stand up to a long Run = so if we do Print many more = we will have to make some New Plates. Just a fact of Life.

We are not trying to discourage you = we think this Paper = in part or complete = should be sent out by the MILLION. So if you want a FEW = we will send them. But if you want 500 or 1,000 (send left overs to us) = you get a real cheap Rate from small Print Shops for maybe 2 or 3¢ a page. They use a XEROX PROCESS and they can print BOTH SIDES of the Paper. You would have to see the individual Printer to see if his Special Rate is so much a Copy for EACH PAGE or if he will give you a Special Rate for MIXED PAGES.

If you copy BOTH SIDES = the mistake we made = we did not Watch the ADDRESS = keep this at the BOTTOM = and it should turn out Right. We put the "REST" Cartoon by FRITZ ALSETH on the FIRST SPACE = because we liked it the Best. Otherwise the following pages are in Order. But have the ADDRESS on the BOTTOM ALWAYS = and I think it will be O.K. We did not know if we should STAPLE all the pages together as is = or if we should leave the following pages LOOSE. We will decide that Tomorrow. If you like, you can remove the Staple. (On the full 6 Sheets in the full Paper.) (if you receive only a Portion = WRITE for the Rest. THIS=PAPER=HAS=TO=GO.)

We are running out of Paper = and it is best to get the "TON RATE" so that means over \$2,000.00 to get a Ton of Paper. We are getting Letters (2 Today) for our Paper on CHANGES in the SOP. I did not know that we had such a Paper. Do not know it yet. We have the one that lists "100 DIVINE PREDICTIONS BY EDW" if you ask for that - ask for #557. Sept. 14, 1982. "FOX #4 = 100 EVENTS IN THE ORDER". All our Papers take up CHANGES in the TESTIMONIES. If we gave "ALL" the changes as many ask for = we would do NOTHING ELSE till Christ comes. We try to hit the MAJOR ONES.

THERE IS NO QUESTION ABOUT IT = we are the World's Authority on the CHANGES in the SOP. But we do not have ONE Paper as such. We deal with it in EVERY PAPER. So if your Friends write for a Paper dealing with "ALL" the Changes in the Testimonies (There are over 10,000!) = if you sound sincere = we may send you a PACKET = but our Supply of PACKETS is getting mighty LOW. Fortunately we made 100.

We planned on a CENTER = but after listening to an all day Session of some CENTERS = "FREE-LOVE" and all = we FORGOT about a CENTER. And have enjoyed the blessed PEACE = of being ALONE. So we are not set up like WANCE PERRELL with a ready Crew of Workers = to keep 500 ALUMINUM PLATES = and a standing Crew to PRINT and look after the MAILING of selected Papers. THE NEXT PAPER will most likely be 1,000 Copies = and perhaps with more pages than any yet. So we may have to again drop out of Sight for a Month or more. We read all Letters = and enjoy all Letters = and take care of EMERGENCIES = but we have to set aside Letters till the Paper gets FIRST PRIORITY. Otherwise we would never print anything = Letter Writing would take up all our Time. I am glad that ELLEN WHITE found as we have found = Letter Writing is 4 Times as HARD on you = as preparing Papers. This is not said to DISCOURAGE you from WRITING = it is said to get you to have Patience with us if we do not have a ready STAFF = to look after things. And among "THINGS" could be the Mowing of the Lawn = painting the House = dealing with the MINERS, and I expect to take off June 28 to SPOKANE = to meet FRITZ ALSETH to spend 2 weeks planning STRATEGY. PEOPLE DO NOT WANT THE PLAIN TRUTH = never have = never will. We do not seek how to serve and PLEASE the ITCHING EARS = so a Hard Road is ahead of us to Hoe. Those who have been SPOTLED by LAODICEAN SHEPHERD'S ROD and AWAKENING TRADITION = who see only MULTITUDES COMING = will MISS OUT when this Happens: "They are NOT saved in MASSES = but as INDIVIDUALS!" MB 36. (The Devil through the Church Leaders has put out MANY EDITIONS and

so in your Book it may be p. 59-60. The way to get the RIGHT Book is to ask for "STANDARD EDITION"=the one that goes along with the INDEX.) (And they CHANGED THAT! from the one INDEX to the OTHER!) "If you would climb the PATH of spiritual Life, you must constantly ASCEND; for it is an UPWARD WAY. You must go with the FEW, for the MULTITUDE will choose the DOWNWARD PATH." MB 138. (197-8.) "HIS WORDS, FEW were ready to accept them as the Guide to Life." MB 147. (210-2.)

THE MULTITUDE LOVERS.

The Bait held out to the Membership = that they will be HONORED and ACCLAIMED by the GREAT MULTITUDES as they Bow low = Salaam low = before the 144,000 feet of the Laodic- eans = is a Cock and Bull Yarn by the FROOMS=HOUTEFFS=ANDERSONS=RICHARDS=and other Glory Seekers. This is the Bait they use to win NUMBERS = although there is no more Truth than there was in JUDAS = who believed the SAME THING. But tell people the TRUTH and they turn away. Let them. Good riddance! They will be FURIOUS to know that we will not lose one Moment of Sleep = on account of them. They expect us to come Begging = as does the Popular Ministry = who Teach WHATEVER it is they think you WANT. To please the ITCH- ING EARS. No thank you, we are not for Sale. If you must have that = then FOLLOW the FOX CULT.

For those who have been asking what are we to do if we leave the Church in this OMEGA of their APOSTASY = in this MIDNIGHT HOUR = we at last have the Answer.

PLAN ONE.

Plan Meetings in your own Home. Some will come out of CURIOSITY = some will come SENT there to REPORT. Not just to report YOU = but to report WHO ELSE COMES. FEAR of this will prevent many who MIGHT have come. THE THREAT OF EXCOMMUNICATION. Because you are NOT SATISFIED with the SLOP poured into the TROUGH. PREPARED TROUGH.

Pick your Subjects well = SEALING=SANCTUARY. (Is not one a Part of the other?) What are the SIGNS = if any? WHO is SEALED = who is NOT? WHY? This involves the SHAKING CHAPTER. DO NOT = (repeat) = DO NOT take it from EW = but go to T1:179 and ASK them to see WHY = EW was CHANGED = more than that = WHAT was CHANGED? Can you find a Sentence OUT OF CONTEXT? WHY? What is the Idea? WHY should those stand ready to FIGHT to the DEATH to DEFEND = what those did before we were Born? Why not ADMIT the SINS of our FATHERS and BURN their BONES on the Altar?

PLAN TWO.

IGNORE the Church. Get your own REPRINTS made = start on HEALTH = like these. Get permission from HEALTH MAGAZINES to Re-print their wonderful articles. Always give PRICE for Subscription and ADDRESS. As a Courtesy. Pass them out Door to Door. You could do so at RANDOM. Or you could pick a ROUTE = and STICK-TO-IT = do it EVERY SABBATH = or every Second Sabbath. Until you get known. START WITH HEALTH. Then give them "STEPS" or "DAVID DARE" = or "THE OTHER SIDE OF DEATH" = (by Carlyle B. Haynes) = or WRITE YOUR OWN! Get then printed by XEROX PROCESS. Should be with CARBON RIBBON TYPEWRITER. RENT ONE. You will have an INTERESTING TIME as you work to save Souls. The Soul you save = might be your own.

God wants you to be a LEADER in your own Right. Not a sniveling DOG nor a HORSE that carries a Burden some one else puts on his Back. Only looking to OBEY his Master's Voice. "Here we see that THE CHURCH...THE ANCIENT MEN...THESE DUMB DOGS...ALL PERISH TOGETHER.. The ABOMINATIONS for which the FAITHFUL ONES were Sighing and Crying...And at that time shall MICHAEL STAND UP...and at that time THY PEOPLE shall be delivered, EVERY ONE that shall be found written in the Book...THIS SMALL REMNANT." T5:211-3.

"What are you DOING, BRETHREN, in the great WORK of PREPARATION?" T5:216. This is the Question above all Questions = what are YOU doing? Just sitting in a Pew and LISTENING to the VENDEMS? Some one sent me a Tape = (was that Bro. Lee?) = those men, given the Biggest "SEAT OF LIES" = if they can Satisfy BOTH sides = ALL THREE = must do some Fast Foot-Work to set them BACK in their Seat = WAITING = EVER WAITING = to see what happens next. MAKE-IT-HAPPEN=get FED UP! And start your own VISITATION PROGRAMME. Let the Child also go from Door to Door. WHAT IS WRONG WITH MONO-SODIUM GLUTAMATE that some "HELL"-th Food Manufacturers put in something they call: "FOOD"! Did you see a good article on THAT? Did some one else see it? If not = why not? Get REPRINTS MADE = peddle them from Door to Door. Do it now. ADD=YOUR=OWN=ARTICLES on a Subject you are SURE of. Do not get out of Hand. STAY with a Subject that will do some Good. THE TRUTH ABOUT HELL! And God bless you as you do.....you will Love it.